

HEPATITIS A

A Handbook for Public Health Personnel

Wisconsin Division of Public Health, 2006

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List of Abbreviations

ACIP:	Advisory Committee on Immunization Practices
ALT:	alanine aminotransferase
anti-HAV:	antibody to the hepatitis A virus
DPH:	Division of Public Health
HAV:	hepatitis A virus
IG:	immune globulin
LHD:	local health department
MSM:	men who have sex with men
SLH:	State Laboratory of Hygiene

INTRODUCTION AND SUGGESTIONS ON USING THIS HANDBOOK

This handbook was created to provide a concise, practical guide for public health personnel when working with cases of acute hepatitis A virus (HAV) infection; it is by no means an exhaustive treatise on hepatitis A. Although every effort was made to develop specific guidelines for various disease scenarios, we acknowledge that decisions about real life outbreaks are seldom clear cut. There are bound to be exceptions and extenuating circumstances when the recommendations in this manual will not result in the most appropriate public health intervention. However, the guidelines contained here do address questions which have been most frequently posed to the Division of Public Health's Communicable Disease Epidemiology Section over the years.

This handbook is organized into sections on diagnosis, day care settings, food handlers, and other topics. Each module is (more or less) self-contained and cross-referenced to allow the reader to refer to the specific section appropriate to the task at hand, without having to read the entire manual.

However, the reader is strongly encouraged, at a minimum, to read the basic information contained in Part 1 of this handbook.

Throughout this manual, the reader will find numerous directives to collect certain information important to managing various hepatitis A-related situations. Readers should know that nearly all pertinent information can be gathered using (1) the basic hepatitis A questionnaire (Appendix 6) which should be administered to ALL hepatitis A case-patients; (2) the supplemental questionnaire for individuals in high risk occupations or settings (Appendix 7); and (3) the worksheet for inspection of food establishments at which a hepatitis A case has been identified (Appendix 8). We strongly encourage the use of these questionnaires and worksheets to help assure that the pertinent information is gathered during the initial interview. These worksheets are for your use, and do **not** need to be forwarded to the Wisconsin Division of Public Health.

Note for users of the previous version of this manual:

For your convenience, we have attempted to “flag” newly added material in the 2006 edition of this handbook by adding this symbol ➡ to designate the new content.

We hope you will find this publication useful and we welcome your comments and suggestions.

PART 1

BASIC INFORMATION, BACKGROUND, AND PROCEDURES

Hepatitis A is an acute inflammatory condition of the liver caused by the hepatitis A virus (HAV), a picornavirus. In the vast majority of cases, the disease is acquired by ingestion of the virus which is shed in the stool of infected individuals (**fecal-oral transmission**). Spread of the virus is enhanced by poor personal hygiene and overcrowding. Cases are most commonly linked by close personal contact within a family or institution, and less commonly via contaminated food and water. Very small numbers of the HAV can produce infection, thus the disease is highly infectious. A brief viremia occurs during the late incubation period; therefore, it is possible for HAV to be transmitted in blood, but this route of infection is rare. No cases of intrauterine HAV infection have been reported. Infection with HAV confers lifelong immunity. Hepatitis A virus does not cause chronic infection or chronic liver disease.

Although usually a self-limited illness, hepatitis A can cause substantial morbidity and mortality. The overall case fatality rate in the USA is 3 deaths per 1000 cases, but increases to about 20 per 1,000 cases among persons over 50. Persons with chronic liver disease are at increased risk for fulminant hepatitis A. The costs associated with hepatitis A are substantial. Between 11% and 22% of persons who have hepatitis A are hospitalized. Based on a 1989 study from Washington state, the average time lost from work due to the illness is 27 days. Average per-case costs (both medical and lost wages) were \$2460 and \$430 for adults and children, respectively. This translates to approximately \$3838 and \$671 in 2005 dollars. Control efforts are also costly and labor-intensive. In the Washington study, an average of 11 contacts per reported case were given immune globulin (IG) .

A. Signs and Symptoms

The signs and symptoms of hepatitis A vary between patients and are generally less severe and of shorter duration in children than in adults. Asymptomatic infections can occur in all age groups, but are much more common in children. **The majority of young children (less than age 5 years) infected with HAV do not become jaundiced.** Subclinical cases can be identified by HAV serologic tests and by liver enzyme alterations (page 7-8). Individuals with asymptomatic HAV infection should be considered to be as infectious as those with clinically apparent cases.

Early signs and symptoms of hepatitis A usually include fever, anorexia, fatigue, myalgia, nausea, and occasionally diarrhea. These typically precede the onset of jaundice by approximately one week. Shortly after early signs and symptoms appear, the patient may exhibit right upper quadrant or epigastric abdominal pain. Hepatomegaly and the passage of dark urine usually precede the onset of jaundice by one to several days.

B. Incubation Period

The incubation period of hepatitis A can vary between 15 and 50 days depending, to a large extent, on the inoculum of HAV received. **In the majority of cases, disease onset occurs about 30 days after initial infection.** During an outbreak, cases that occur within two weeks of each other generally suggest co-exposure to a common source rather than separate generations of illness.

C. Period of Infectivity

It is important to know when HAV is shed in the stool relative to the onset of clinical signs and symptoms because this allows one to determine when the patient is infectious to others. If jaundice occurs, its onset serves as the best benchmark for determining the period of infectivity. Fecal shedding of the virus peaks during the week prior to onset of symptoms.

For purposes of public health interventions, a patient should be considered to have been infectious for 10 days prior to the onset of the early signs and symptoms, or for 14 days prior to the onset of jaundice. Patients are potentially infectious for 7 to 10 days after onset of jaundice.

If a patient is asymptomatic, consider the day on which the positive serologic specimen was obtained as the date of onset, unless liver function tests suggest an earlier onset (see page 7-8). The possibility of a false positive serologic result should also be considered in asymptomatic patients (see page 9), especially those who have no apparent risk factors for HAV infection. Specific exclusion guidelines from work or day care are discussed later in this handbook.

D. Laboratory Diagnosis

1. Serology: The confirmation of hepatitis A requires serologic testing to detect antibody against HAV (anti-HAV Ab). The antibody response to HAV consists initially of the IgM class of antibody which usually becomes detectable at the time of illness onset (approximately 30 days post-exposure). Detectable anti-HAV IgM usually persists 4 to 6 months after infection (Figure 1). **Therefore, the presence of anti-HAV IgM is associated with active or recent HAV infection.** The appearance of the IgG class of anti-HAV follows the IgM response by several weeks. IgG antibody to HAV persists for life in most cases. The receipt of immune globulin should not interfere with subsequent serologic tests for anti-HAV IgM.

HAV serologic testing often involves testing the serum for the presence of total antibody against HAV (i.e., IgM and IgG combined). If this test is negative, no further tests are needed on that sample. If it is positive for total HAV antibody, the serum should be specifically tested for IgM anti-HAV.

Thus, three results are possible when testing for antibody against HAV:

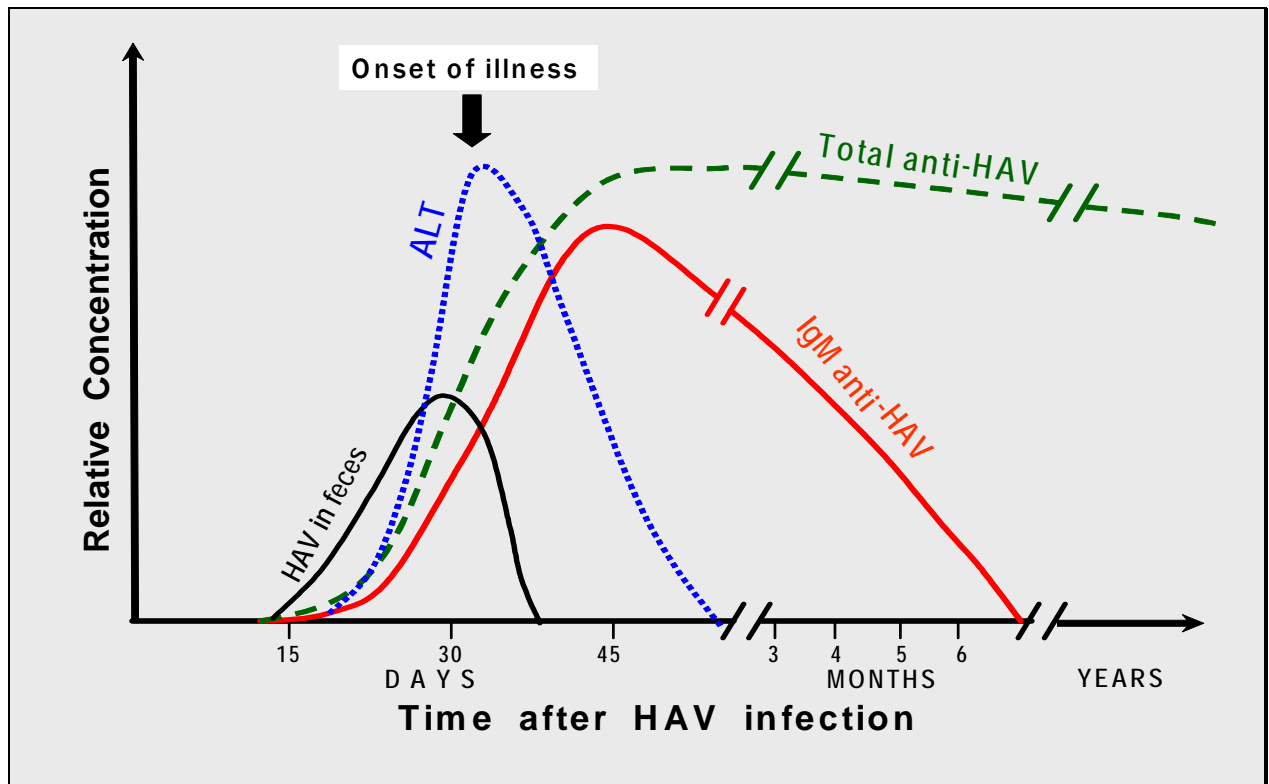
RESULT	INTERPRETATION
1. Total antibody negative	No evidence of HAV infection
2. Total antibody positive and IgM negative	Prior HAV infection (possibly years ago); currently immune, <u>not</u> an active case of hepatitis A, not currently infectious
3. Total antibody positive and IgM positive	Recent infection; a new case of hepatitis A

**** To have a confirmed case of hepatitis A,
the patient must be IgM anti-HAV positive. ****

Occasionally, a laboratory will report a HAV serology as "IgM and IgG positive". Although this wording can be confusing, it means that the specimen was total antibody positive and says nothing about the patient's IgM status. One should always confirm that a specific test for anti-HAV IgM was conducted and that it was positive.

2. Blood Chemistry: A variety of liver function tests (e.g. ALT [formerly called SGPT], AST [formerly called SGOT], alkaline phosphatase, bilirubin) which are used to detect hepatic damage or biliary stasis will be elevated during an acute episode of hepatitis A. Of all these tests, ALT is the most specific test for liver damage and is usually the first liver function test to become abnormal, peaking just prior to the onset of jaundice (Figure 1). During acute viral hepatitis resulting from HAV infection, ALT levels are typically in the range of 500-2000 IU. Elevations in ALT will occur even in patients who are not symptomatic.

Figure 1. Events in a Typical Hepatitis A Virus Infection



Levels of ALT can sometimes be useful as a temporary surrogate for the HAV antibody test, since it can usually be performed more quickly than the serology. Although ALT elevation is usually concurrent with seroconversion to IgM anti-HAV positive status, in some patients elevated ALT levels may precede the presence of detectable IgM by a few days. Thus, ALT elevation can sometimes be an earlier indicator of hepatitis than seroconversion.

Serially obtained ALT levels are more informative than a single one, since they can indicate whether this enzyme is increasing or declining. Serial ALTs are of particular value in a patient whose IgM anti-HAV test is equivocal or if the patient is questionably symptomatic and a falsely positive IgM anti-HAV result is suspected (see page 9).

ALT levels drop relatively soon after onset of illness (typically within a few weeks). Therefore, a patient who is IgM anti-HAV positive but has a normal ALT is likely to be in the convalescent (non-infectious) stage of hepatitis A infection.

Although these hepatic tests can be of value, it is important to realize that they are merely a gauge of liver function/damage; none of these tests are specific for HAV infection. The definitive diagnosis of acute hepatitis A requires testing for IgM antibody to HAV.

➡ **3. Possibility of false positives:** IgM anti-HAV tests are very reliable for diagnosis of acute hepatitis A in persons who have signs or symptoms of acute viral hepatitis. However, tests for IgM anti-HAV can be falsely positive, especially when used to test patients who are asymptomatic and have no known risk factors for hepatitis A. The positive predictive value of any test depends on the prevalence of the condition among the persons being tested, and the likelihood of a false-positive test result increases when the tests are used in low-risk populations. For these reasons, IgM anti-HAV serologic testing should be limited to persons who have signs/symptoms of acute hepatitis or who have an epidemiologic link to a known case of hepatitis A. IgM anti-HAV testing should not be used as a general “screening test” for asymptomatic persons or for the workup of abnormal liver enzyme tests among asymptomatic patients. Any positive IgM anti-HAV result in an asymptomatic patient without a known epidemiologic link to another hepatitis A case should be examined in conjunction with liver enzyme values and clinical history. Consult with staff at the Communicable Disease Epidemiology Section (Division of Public Health) if there is a suspicion of a false positive result.

➡ **4. Interpretation of serology results for persons who received the hepatitis A vaccine:** Using commercially available assays, some vaccinees will develop a detectable IgM anti-HAV response within two to three weeks, with levels typically falling below the threshold of detectability in approximately one month.

However, concentrations of anti-HAV achieved after hepatitis A vaccination are 10-100 fold lower than those produced by natural HAV infection and are often below the detection level of commercially available diagnostic assays. Routine post-vaccination serologic testing is not indicated because of the high rate of vaccine response among both children and adults, and because testing methods that have the sensitivity to detect low anti-HAV concentrations after vaccination are not approved for routine diagnostic use in the United States.

E. Submission Of Serum Specimens To The Laboratory

1. Recommendations for Specimen Handling

- a) Draw one red top tube; use good specimen collection technique to avoid hemolysis. Place tube in vertical position until clotting is complete. Clotting generally takes 20-30 minutes in tubes without clot activators; 5-15 minutes in tubes with activators. A minimum of 1 ml of serum is required at the Wisconsin State Laboratory of Hygiene (SLH).
- b) Do NOT use a wooden applicator stick to rim tubes. This causes hemolysis and is unnecessary with most current brands of tubes.
- c) When filling a vacutainer from a syringe, puncture the stopper with the needle and allow blood to flow slowly into the tube; never force blood into an evacuated tube. If blood is to be transferred from syringe to unstoppered tube, remove needle and gently expel blood into tube, allowing it to run down the tube's side.
- d) Protect tubes from heat and light; excessive heat will cause hemolysis, light affects bilirubin. It is recommended that specimens be transported from the drawing site in an appropriately labeled small cooler containing several cool packs or bagged ice.
- e) Keep stopper on tube during and after centrifugation; this avoids dangerous aerosols and possible contamination and evaporation problems. Do NOT centrifuge more than once; repeated or prolonged centrifugation to obtain sufficient sample results in testing errors. If you are experiencing trouble obtaining enough specimen, check your rotor speed and/or have the centrifuge serviced. It should not be necessary to centrifuge the specimen for more than 15 minutes at 1000-1200 X g. If you have used a serum separator tube, visually check the sample after centrifugation to ensure that the gel has completely separated serum from cells. After centrifugation, serum separator tubes may be stored overnight under refrigeration.
- f) Remove serum from cells within 2 hours of specimen collection. Use a disposable pipette to transfer serum to labeled plastic vials suitable for mailing; decanting is not recommended. Store separated serum at 2-8° C until ready to send. Do NOT send serum separator tubes through the mail. Pipette serum into appropriately labeled plastic vials (kit #22 - available from the SLH) and follow the instructions in the kit for preparing the samples for transport.
- g) Specimens must be received at the lab within 3 days of collection to avoid loss of enzyme activity. If testing is to be done at the SLH, a minimum of 1 ml of serum is required for both hepatitis and enzyme testing. Specimens do not need to be split. See below for details on submission forms and mailing instructions for the SLH.
- h) Call the SLH's Customer Service Unit (608/262-6386) to notify the staff that HAV-related specimens are being sent. This is especially important in outbreak situations.

2. Instructions for Mailing HAV Outbreak Specimens to the State Laboratory of Hygiene

- a. Fill out the appropriate SLH form (CDD Requisition Form B) for each patient serum sample submitted. Please check #36, HAV serodiagnosis, and note on the front of this form whether the individual is symptomatic, a food handler or day care worker, and other pertinent information. Check #236 on this form if an ALT level is also to be performed.
- b. Transfer serum to the plastic vial provided with the mailing containers. Please do NOT use tape or parafilm around the cap of the vial. Simply tighten the cap securely.
- c. Wrap each vial with one strip of the provided absorbent material.
- d. Place several vials in each pressure bag and close securely. Place completed lab slip(s) in outside pocket of pressure bag.
- e. The styrofoam mailing containers are designed to hold five vials. Place pressure bag(s) containing lab slips and patient specimens inside of the styrofoam mailer, along with a frozen cold pack.
- f. Place a sticker with the SLH address on the styrofoam mailer, and attach sufficient postage.

3. Important points to remember:

- a) Federal postal regulations stipulate that no more than 500 ml of infectious material may be mailed in a single container (1000 ml for UN3373-approved shipping containers). Therefore, when mailing large numbers of patient specimens, ensure that the volume of serum in each vial is no more than 2.5 ml. A minimum of 1.0 ml of each specimen should be submitted for testing. If specimens are being sent by an alternate means (e.g. Greyhound or Badger Bus), it is not necessary to adhere to these volume requirements.
- b) **Please call the SLH's Customer Service Unit (608/262-6386) to advise them that you are sending HAV outbreak specimens for testing.** It is important to send samples to the lab promptly so that you get results as quickly as possible. Do NOT wait several days until all samples have been collected. Mail each day's specimens as they are collected.
- c) Laboratory forms and mailing kits are available at no charge. It is a good idea to maintain an inventory of lab requisition forms and mailing kits so specimens may be sent as soon as they are obtained. To order additional mailing kits, components, or lab requisitions, call toll free at 800/862-1088. Please be prepared to provide your assigned account number, test requisition form name (CDD requisition form B), and kit number (#22). The entire mailing kit or any component of the kit can be sent. This includes plastic vials, absorbent material, ziploc bags and styrofoam containers. Materials should arrive at most locations in Wisconsin within three working days of ordering. If this is an emergency request, please inform the person handling the order for expeditious processing.

4. Advanced Planning for Hepatitis A Outbreaks – Laboratory Considerations

- a) Have adequate supplies available for drawing blood; 4 ml serum separator tubes are a good size for both children and adults. The separator gel degrades over time, so ensure that the tubes are not outdated by checking the outdate printed on the box.
- b) Have adequate supplies of kit #22 and the appropriate requisition forms from the SLH.
- c) Make arrangements with a local hospital or clinical laboratory to use their centrifuge if your agency does not have one, or to use as a back-up if your centrifuge is out of order.
- d) U.S. Postal Service delivery to the SLH takes from one to three days, depending on the location of the post office and the time of day the package is posted. Since specimens must be received at the lab within 3 days of collection to avoid loss of enzyme activity, this option may not be advisable. Investigate alternative transportation if faster delivery is desired (e.g., U.P.S., Federal Express, Dunham Express).
- e) Current phone numbers for contact people at the DPH (both central and regional offices) and the SLH should be readily available. Although the two agencies coordinate with each other, they are geographically and organizationally separate.

IMMUNE GLOBULIN (IG)

A. Basic Information

Immune globulin (IG), historically also referred to as immune serum globulin or gamma globulin, is a sterile solution of antibodies (immunoglobulins). IG is effective in preventing hepatitis A if given prior to exposure (e.g. for travel to developing countries), or in the early incubation period after exposure to HAV. It is considered to be approximately 80-90% effective at preventing disease if given within 14 days after exposure to HAV.

**** IG given more than 14 days after exposure is unlikely to prevent hepatitis A, and thus should not be used. ****

IG must be refrigerated during storage, but should not be frozen. Receipt of IG will not interfere with subsequent serologic tests for anti-HAV IgM.

IG is prepared from pooled human plasma by cold ethanol fractionation. Only plasma proven to be free of hepatitis B surface antigen, antibody to the hepatitis C virus and antibody to the human immunodeficiency virus (HIV) is used in the preparation of IG. In addition, the FDA requires that the process used to produce IG include a viral inactivation step or that final products test negative for hepatitis C virus RNA by polymerase chain reaction assay. **Commercial IG for intramuscular use available in the USA has never been implicated in the transmission of hepatitis B, hepatitis C, HIV, or any other viruses.** This was even true for lots prepared before 1985, prior to when screening of donor plasma for HIV was initiated. Currently available IG preparations contain no preservatives and therefore are free of mercury.

B. Who should receive IG ?

1. *Post-exposure use:* IG should be administered to previously unvaccinated persons who have a reasonable risk of having been exposed to HAV if it can be administered within two weeks of their exposure. Persons considered at reasonable risk of exposure include household contacts, sexual contacts, persons who have had other close personal contact (e.g., babysitters), persons who consumed high risk foods handled by the case patient (see definition of high risk foods on page 28), and persons who have shared illegal drugs with a person with HAV. Prophylaxis guidelines for specific settings like child daycare centers, food establishments, and various institutional settings are described in subsequent sections of this handbook.

2. *Pre-exposure use:* Although the hepatitis A vaccine is now preferred for pre-exposure protection, IG can be administered for the protection of travelers to countries where hepatitis A is endemic. IG should be used if the traveler is allergic to one of the components in the vaccine, or if immediate immunity is needed (i.e., if the traveler is departing too soon for the vaccine to provide protection) should receive a single dose of immune globulin (0.02 mL per kg). Travelers whose travel period exceeds two months

should be given immune globulin at 0.06 mL per kg; administration must be repeated if the travel period exceeds five months. Alternately for extended travel when immediate protection is needed, IG can be given at the lower dosage and the hepatitis A vaccine can be administered concurrently (at a different site than the IG). For more detail on protection of travelers, see page 18.

C. Dosage and Administration

IG is administered intramuscularly, usually in the gluteal muscle. The dose for hepatitis A prophylaxis is 0.02 ml/kg or approximately 0.1 ml per 10 pounds body weight (typically 2 mls are given to an average-sized adult). This dosage provides immunity for up to 3 months. For pre-exposure use, when a prolonged exposure is anticipated (i.e. travel to a highly endemic area for an extended period), a dose of 0.06 ml/kg can be used to provide immunity for 4 to 6 months, although the use of the hepatitis A vaccine is now preferred for pre-exposure protection. Standard IG should never be given intravenously; special IG preparations are available for intravenous use, but these are not intended for hepatitis A prophylaxis.

➡ The current preparation of IG for intramuscular injection does not contain a preservative, and is supplied in 2 ml vials. The package insert states that the vial should be entered only once for administration purposes. However, when immunizing small children, a strict adherence to this policy of entering a vial only once will result in considerable wastage of IG. Because it takes bacteria several hours to proliferate, if one is immunizing multiple patients during a single session, it is not necessary to discard the vial after withdrawing each aliquot. After consultation with staff at the National Immunization Program of the CDC, the Division of Public Health recommends that a vial of IG can be re-entered if the multiple doses are being withdrawn from the vial sequentially within a short period of time (up to two hours). The vial cap should be cleaned before each puncture, and a new needle used each time. However, if more than two hours have elapsed since a vial of IG was entered, any remaining product should be discarded.

D. Adverse Reactions and Precautions

Serious adverse effects from properly administered IG are rare. The most common problem encountered with the use of IG is discomfort and pain at the injection site. Less common reactions include flushing, headache, chills, and nausea. The rare serious reactions include chest pain or constriction, dyspnea, and anaphylaxis. Although such reactions are uncommon, it is prudent to have epinephrine and other means of treating acute reactions immediately available. An increased risk of systemic reactions results from inadvertent intravenous administration.

Anaphylaxis has been reported after repeated administration to persons who have known immunoglobulin A (IgA) deficiency; thus, IG should not be administered to these

persons. IG should not be given to patients with severe thrombocytopenia or any coagulation disorder that would preclude intramuscular injection. Caution should be used in giving IG to a patient with a history of adverse reactions to immune globulins. Pregnancy or lactation is not a contraindication to IG administration.

➡ IG does not interfere with the immune response to oral poliovirus vaccine or yellow fever vaccine, or, in general, to inactivated vaccines. However, IG can interfere with the response to other live, attenuated vaccines (e.g., measles, mumps, and rubella [MMR] vaccine and varicella vaccine) when administered either as individual or combination vaccines. Administration of MMR should be delayed for >3 months and varicella vaccine for >5 months after administration of IG for hepatitis A prophylaxis. IG should not be administered <2 weeks after administration of MMR or <3 weeks after varicella vaccine unless the benefits of IG administration exceed the benefits of vaccination. If IG is administered <2 weeks after administration of MMR or <3 weeks after administration of varicella vaccine, the person should be revaccinated, but not sooner than 3 months after IG administration for MMR or 5 months for varicella vaccine.

The receipt of immune globulin should not interfere with subsequent serologic tests for anti-HAV IgM.

Patients receiving IG through their local health department (LHD) should be asked to sign a consent form. A sample consent/information form for IG recipients is supplied in Appendix 4. Recipients should be cautioned that IG is only 80 to 90% effective in preventing hepatitis A, and that in spite of receipt of IG, hygiene remains crucial in preventing transmission of HAV to others. Such contacts should also be counseled to limit their food preparation to their immediate household. Both recommendations should be practiced for 50 days after the last potential exposure to HAV.

E. How IG is Supplied / How to Obtain

Currently, IG is available only in 2 ml vials. LHDs may obtain IG at no cost from the DPH for use only in accordance with the DPH policy outlined below. Phone requests can be made to the Communicable Disease Epidemiology Section at (608)267-7321. Because the DPH must be informed about current hepatitis A activity and because of the need to ensure that the limited supply of IG is used appropriately, callers who request IG will be asked to outline the circumstances of their planned intervention efforts.

The DPH Central Office will ship IG via United Parcel Service on Monday through Wednesday. Delivery generally takes one or two days. The DPH Regional Offices usually have a modest supply of IG on hand. If the LHD needs relatively small amounts of IG immediately, consider “borrowing” it from a local hospital pharmacy, and then replenishing the pharmacy's supply when the IG arrives from the DPH.

F. Division of Public Health Policy for Supplying IG

1. The DPH will supply IG at no cost to local health departments to prevent hepatitis A in group exposure situations. Examples of such situations include prophylaxis of restaurant patrons/employees or daycare attendees/staff.
2. **In general, household contacts of cases of hepatitis A should receive IG from their health care provider.** The DPH will supply IG at no cost to local health departments for the immunization of household contacts of a hepatitis A case only if:
 - a) the contact attends/lives/works in a setting that entails a high risk of transmission of hepatitis A to the public - or
 - b) the contact is uninsured and cannot afford to obtain IG through a private provider – or
 - c) the contact, for whatever reason, will not receive IG unless it is obtained through the public health system.

In any event, provision of IG is predicated on exposure to a confirmed case of hepatitis A (i.e., IgM antibody positive) within the past 14 days.

Situations may arise in which an exposed person requires IG prophylaxis as soon as possible and the private provider's pharmacy is temporarily out of stock. In such scenarios, it is permissible for the local health department to provide DPH-supplied IG to the clinician with the understanding that the IG will be replaced by the provider on a vial-for-vial basis. (The DPH has no mechanism to actually sell the IG to a provider.) Such cooperation should expedite timely IG prophylaxis while still complying with the spirit of the above guidelines.



HEPATITIS A VACCINE



The two currently available vaccines against hepatitis A are approved for use in persons one year of age and older. These are inactivated vaccines, and are available in both pediatric and adult formulations. Both products are administered on a two dose schedule, with the second dose recommended 6 – 18 months after the first dose. Because the vaccine is highly immunogenic, routine post-vaccination serologic testing is not recommended for healthy individuals, but may be indicated in persons with advanced liver disease. (See part C5, below.) In addition to the two vaccines mentioned above, a combination hepatitis A / hepatitis B vaccine is available which is administered on a three dose schedule.

A. Serologic response after vaccination

Using commercially available assays, some vaccinees will develop a detectable IgM anti-HAV response within two to three weeks, with levels typically falling below the threshold of detectability in approximately one month. However, concentrations of anti-HAV achieved after hepatitis A vaccination are 10-100 fold lower than those produced by natural HAV infection and are often below the detection level of commercially available diagnostic assays.

B. Routine childhood immunization

In May, 2006, the recommendations of the Advisory Committee on Immunization Practices (ACIP) were published in the Morbidity and Mortality Weekly Report. Those recommendations are as follows:

- All children should receive hepatitis A vaccine at 1 year of age (i.e., 12-23 months). Vaccination should be completed according to the licensed schedules and integrated into the routine childhood and adolescent vaccination schedule. Children who are not vaccinated by 2 years of age can be vaccinated at subsequent visits.
 - States, counties, and communities with existing hepatitis A vaccination programs for children 2-18 years are encouraged to maintain these programs. In these areas, new efforts focused on routine vaccination of 1 year old children should enhance, not replace, ongoing programs directed at a broader population of children.
 - In areas without existing hepatitis A vaccination programs, catch-up vaccination of unvaccinated children aged 2-18 years can be considered. Such programs might especially be warranted in the context of rising hepatitis A incidence or ongoing outbreaks among children or adolescents.
-

C. Persons at increased risk for HAV infection who should be routinely vaccinated:

1. International travelers. Persons traveling to or working in countries that have high or intermediate endemicity of hepatitis A should be vaccinated or receive IG before departure. Hepatitis A vaccination at the age-appropriate dose is preferred.

- a) Travelers to North America (except Mexico and Central America), western Europe, Japan, Australia, or New Zealand are at no greater risk for infection than in the United States. Data are not available regarding the risk for hepatitis A for persons traveling to developed areas of the Caribbean, although vaccine or IG should be considered if travel to areas that have questionable sanitation is anticipated.
- b) The first dose of hepatitis A vaccine should be administered as soon as travel is considered. Travelers who are administered vaccine can be assumed to be protected by 4 weeks after receiving the first vaccine dose. Many persons administered single-antigen hepatitis A vaccine will have detectable anti-HAV by 2 weeks after the first vaccine dose; the proportion of persons who develop detectable anti-HAV at 2 weeks may be lower when lower vaccine dosages are used. However, no data are available regarding the risk of hepatitis A among persons vaccinated 2-4 weeks before departure. Because protection may not be complete until 4 weeks after vaccination, for optimal protection persons traveling to a high-risk area <4 weeks after the initial dose also can be administered IG (0.02 mL/kg), but at a different anatomic injection site. Travelers departing in <4 weeks who do not or cannot receive IG should nonetheless receive hepatitis A vaccine and be informed that they might not be optimally protected from acquiring hepatitis A in the immediate future (i.e., subsequent 2-4 weeks). A second vaccine dose administered according to the recommended schedule is necessary for long-term protection.
- c) Travelers who are allergic to a vaccine component or who elect not to receive vaccine should receive a single dose of IG (0.02 mL/kg), which provides effective protection against hepatitis A for up to 3 months. Travelers whose travel period exceeds 2 months should be administered IG at 0.06 mL/kg; administration must be repeated if the travel period exceeds 5 months.

2. Men who have sex with men (MSM). MSM (both adolescents and adults) should be vaccinated. Studies have shown that most MSM would accept hepatitis A vaccination if recommended by their providers. Providers in primary-care and specialty medical settings where MSM receive care should offer hepatitis A vaccine to patients at risk. Implementation strategies to overcome barriers and increase coverage, such as the use of standing orders, should be considered.

3. Illegal-drug users. Vaccination is recommended for injecting and noninjecting illegal-drug users. The importance of vaccination for this population might depend on the particular characteristics of the population of drug users, including the type and duration of drug use.

4. Recipients of blood products and clotting factor supplementation. Susceptible persons who receive clotting-factor concentrates, especially solvent-detergent-treated preparations, should receive hepatitis A vaccine.

5. People with chronic liver disease. Susceptible persons who have chronic liver disease should be vaccinated. Similarly, susceptible persons who are either awaiting or have received liver transplants should be vaccinated. Because seroconversion rates for such patients are considerably lower than in healthy individuals, serologic testing after hepatitis A vaccination is recommended in vaccinees with decompensated or advanced end-stage liver disease.

6. Persons who have occupational risk for infection. Persons who work with HAV-infected primates or with HAV in a research laboratory setting should be vaccinated. No other groups have been shown to be at increased risk for HAV infection because of occupational exposure. Studies conducted to date among U.S. workers exposed to raw sewage do not indicate a significantly increased risk of HAV infection.

7. Residents of outbreak communities. Children in communities that have historically high rates of hepatitis A and periodic outbreaks. In Wisconsin, these currently include American Indian reservations and the City of Milwaukee.

8. Others (not included in ACIP recommendations at this time). Although not part of official ACIP recommendations, strong consideration should be given to vaccination of residents and staff of institutions for the **developmentally disabled**, and to children who attend **day care** or **Head Start** programs. Additionally, vaccinations are encouraged for parents planning to adopt a child from hepatitis A endemic countries. Although professional **food handlers** are not at increased risk of acquiring hepatitis A, vaccination of this group should be encouraged because of the risk posed to the public by an infected foodworker.

Even though currently available data do not indicate a clear benefit for the routine vaccination of **persons with Hepatitis B or Hepatitis C virus infections** who have no evidence of chronic liver disease, hepatitis A vaccination should be seriously considered for all persons with an established diagnosis of hepatitis B and hepatitis C. Similarly, some experts advise hepatitis A vaccination of all **HIV-positive persons** who are susceptible to hepatitis A.

PART 2

PUBLIC HEALTH INTERVENTIONS

RESPONSE TO A SUSPECTED CASE OF HEPATITIS A

Considerable time, effort, and money can be wasted implementing control measures in response to a "case" of hepatitis A which, in reality, may be some other disease entity. **Therefore, whenever a case of hepatitis A is reported to a public health agency, it is absolutely necessary to confirm the diagnosis (i.e. establish that the patient is anti-HAV IgM positive, ascertain the ALT level and the patient's clinical presentation).**

However, there are measures that can be taken before a reported case is serologically confirmed. These measures are primarily information-gathering in nature, and are especially important when the suspect case-patient works or lives in a high risk setting. If hepatitis A is strongly suspected, collecting some basic information prior to laboratory confirmation can allow the investigator to "hit the ground running" if hepatitis A is confirmed.

While HAV-IgM results are pending, it is generally useful for the LHD to:

Consider using the questionnaire in Appendix 6

1. Obtain the patient's liver enzyme test results and physical findings from the attending physician. Based on how strongly suggestive of hepatitis A the findings are, LHD staff may proceed with the steps below or wait until laboratory confirmation is obtained.
2. Interview the patient to determine risk factors for hepatitis A acquisition, exactly what signs/symptoms were experienced, and when onset of these symptoms occurred. The interviewer should make it clear to the patient that the final diagnosis is still pending, and there is only a suspicion of hepatitis A.
3. Determine the patient's occupation as well as the identity and occupation of other members of the household. If a person has been clinically diagnosed with hepatitis A, consider excluding that individual from work/school/day care while serologic results are pending. Suspect cases in high risk settings are discussed below. Individuals symptomatic with diarrhea should be excluded even if they do not work in a high risk setting.
4. Determine if the suspect case-patient prepared any meals which were consumed by persons other than immediate family members within the two weeks immediately preceding symptom onset (e.g. pot lucks, church picnics, etc.)
5. Educate the potential case-patient regarding hepatitis A and ways to avoid transmission. The hepatitis A fact sheet may be useful for this purpose (see Appendix 5).

The hepatitis A questionnaire in Appendix 6 should be used to gather the above information. Patients can be difficult to contact, so it is important to be thorough during the first interview.

A high risk setting can be defined as any setting outside of the case-patient's household in which a substantial risk of HAV transmission from the patient to others exists. Examples of high risk settings include eating/drinking establishments, food processing operations, child day care, nursing homes, hospitals, and institutions for the developmentally disabled. Other settings might be considered high risk if circumstances exist which favor HAV transmission.

If the suspect case occurs in a high risk setting, the LHD should consider the following actions:

1. Exclude the suspected case-patient from the high risk setting immediately.
2. Efforts should be made to expedite the serologic test results. A delay of several days to confirm the diagnosis of hepatitis A in a high risk individual is not acceptable. Liver enzyme levels can be used as a temporary surrogate until serologic results are obtained (see pages 7-8).
3. If hepatitis A is strongly suspected, some basic information about the high risk setting can be gathered such as exact work duties and days/shifts worked by the patient. A questionnaire for high risk individuals is included in Appendix 7.
4. If the suspect case-patient works as a foodhandler, a sanitarian can inspect the workplace (more details on page 25) and an assessment can be made of the patient's hygiene.

RESPONSE TO A CONFIRMED CASE OF HEPATITIS A

A. General:

The LHD investigator should always confirm that a test for anti-HAV IgM was performed and that it was positive. Do not rely on vague verbal reports such as "the blood test was positive for hepatitis A". Once it is established that the case is serologically confirmed, **all of the recommendations described in the previous section for suspect cases (page 20) should be implemented** if these measures have not yet been taken (i.e.- obtain liver transaminase levels, ascertain clinical signs/symptoms, administer the hepatitis A questionnaires, perform patient education, order job exclusions as discussed later in this manual). Recommendations for IG prophylaxis of family members and other close contacts should be made by the LHD at this time. (See IG prophylaxis on pages 13 and 24) If the patient interview reveals close contacts who are in high risk settings (defined on page 21), measures should be considered to minimize the danger that these contacts might pose if they later develop hepatitis A. (See page 37 for a discussion of contacts of confirmed cases.)

It is important to use the hepatitis A questionnaire contained in Appendix 6 to gather thorough information during the first interview with the patient. It should be noted that this questionnaire is intended only as a worksheet to assist the LHD in collecting information necessary to: (1) make prudent decisions about which contacts of a case-patient may be at risk of developing HAV infection; and (2) draw conclusions about a patient's HAV infection source, which can be extremely helpful in the early identification of a common source outbreak. When reporting a case of hepatitis A to the DPH, the LHD does not need to forward this questionnaire.

B. Determining the Source of Exposure:

Unless there has been a known contact with another case of hepatitis A or a travel history to an endemic country, it can be difficult to determine the source of infection. Remember that the incubation period for hepatitis A is usually around 30 days (range 15 to 50 days). Therefore, the time period on which to focus most closely in interviews is approximately 3 to 6 weeks prior to illness onset. The hepatitis A questionnaire (Appendix 6) contains several questions specifically designed to identify potential exposure sources, and includes a section for patient food history.

➡ In the absence of an apparent source, the case-patient should be questioned about contact with young children who are frequently asymptomatic. For example, if a case-patient with no obvious source of infection is a close contact to a child who attends day care, it is reasonable to suspect that the child may be the source of infection. Testing the child can then be performed.

Although the vast majority of cases of hepatitis A are acquired by person-to-person transmission, whenever a cluster of unrelated cases with no apparent common exposure occurs in a community, it is possible that transmission might have occurred from a common food exposure. Obtaining a patient food history for meals eaten 15 to 50 days prior to onset is difficult because of the time elapsed. The location of meals eaten or prepared outside the home (e.g. restaurants, pot lucks, meals-on-wheels, etc.) is probably more important initially than the specific foods

which were consumed. If a detailed food history cannot be obtained, the patient can be asked to identify restaurants or other sources of out-of-home meals at which he/she eats frequently. Sources of drinking water, both at home and at the workplace, should be determined (private well versus municipal water supply).

It is essential to collect food histories in an unbiased fashion. In a potential outbreak situation, the initial 10 to 20 case patients should be asked open-ended questions about their food histories such as those contained in the hepatitis A questionnaire, and they should be encouraged to be as thorough as possible. If one or a few establishments are repeatedly named by these initial patients, a "prompt list" of establishments can then be developed for interviewing subsequent cases. The prompt list should contain the name(s) of those establishments cited most frequently by the initial group of cases. The list should also include names of approximately 10 other food establishments located within reasonable proximity to the suspect establishment(s). This prompt list should then be used to supplement subsequent interviews. If patients can recall specific dates or food items eaten when they visited certain establishments, these should be noted on the list. Once the prompt list is in use, the patient being interviewed should still be given the opportunity to identify other establishments not on the list. Even after the probable source of an outbreak is identified, keep an open mind regarding other possible exposure sources for each new case.

C. Reporting to the Division of Public Health:

An Acute and Communicable Case Report Form (DPH 4151) and the CDC Viral Hepatitis Case Report Form (CDC 53.1) should be submitted to the DPH for every confirmed case of hepatitis A. The pertinent questions on the Viral Hepatitis Case Report Form can be completed from the information gathered on the hepatitis A questionnaire in Appendix 6 , but that questionnaire does not need to be submitted to the DPH. The CDC Viral Hepatitis Case Report Form can be found in Appendix 3 or at http://www.cdc.gov/ncidod/diseases/hepatitis/resource/PDFs/vhsp_form.pdf

Wisconsin Case Definition: A person with a clinically compatible illness that is laboratory confirmed **OR** an asymptomatic person who is IgM anti-HAV positive and is linked epidemiologically to a confirmed case or to a known outbreak of hepatitis A.

PREVENTING FURTHER HAV TRANSMISSION LOW RISK SETTINGS

High risk settings are defined on page 21. Once it has been established that the patient does not live in, attend, or work in a high risk setting, LHD intervention efforts should focus on two goals:

1. Determine the patient's source of HAV infection (discussed on page 22).
2. If the patient is still infectious (see page 6), minimize the chances of further transmission among the patient's contacts. This is accomplished by:
 - a. Educating the patient about hepatitis A and the crucial importance of personal hygiene to prevent HAV transmission. The hepatitis A fact sheet is useful here (see Appendix 5).
 - b. Making recommendations regarding IG prophylaxis for close contacts or for persons who consumed high risk foods which the patient handled. (See pages 13 and 28.)

In general, family contacts of cases should receive IG from their physician. The Wisconsin Division of Public Health's policy is to supply IG at no cost to LHDs for the prophylaxis of family contacts who can be immunized within 14 days of exposure and who:

1. Attend/live/work in a setting with a high risk of transmission to the public - or
2. Are indigent and cannot afford to obtain it through a physician - or
3. For whatever reason, would not receive IG unless it was obtained and administered through a public health agency

Case-patients in low risk settings who have received education concerning the transmission and prevention of hepatitis A generally do not need to be excluded from work or school unless they are symptomatic with diarrhea.

PREVENTING FURTHER HAV TRANSMISSION HIGH RISK SETTINGS

FOOD HANDLERS

A. Response to a Confirmed Case in a Foodhandler

The key to effective intervention is timeliness. The importance of confirming the diagnosis cannot be overstated.

Once serologic results confirm that a food handler is IgM positive, the following eight steps should be taken:

1. A food handler with confirmed hepatitis A should be **excluded from work according to these guidelines:**
 - a. for the interval extending through day 10 following onset of jaundice
 - b. for the interval extending through day 14 following onset of symptoms if the food handler does not develop jaundice
 - c. Individuals who are asymptomatic but are IgM antibody positive should be excluded from work for the interval extending through day 14 following the date of their positive laboratory result. However, if ALT levels are known to be normal, that person may safely return to work. (See discussion of blood chemistry on page 8.)
2. A local public health official, usually the local or regional sanitarian, should **inspect the food establishment**. The inspection should focus on handwashing practices, rest room facilities, the types of foods and beverages that are served (especially those handled by the case-patient), and how these foods and beverages are handled. A list of all employees should be obtained. (Worksheets for food establishment inspection and staff are contained in Appendices 8 and 9.)

The manager should be apprised of the situation and given complete information about the disease, including the mode of transmission, symptoms, and prevention. Provide the employer with the hepatitis A fact sheet (Appendix 5). The importance of employees being excluded from food/beverage handling when ill must be stressed, as well as the need to immediately report any ill employees to the LHD. Inform the manager of any plans to test and immunize employees as discussed below. Consider posting a written notice for employees at the worksite containing pertinent information on the disease, its prevention, dates/times of clinics to be held for employees, and a contact person's name and phone number at the LHD.

3. LHD staff should obtain a very **careful history** of which days and shifts the case-employee worked, exact duties, types of food handled, any use of disposable gloves, as well as an assessment of the employee's hygiene. (See the supplemental questionnaire for high risk occupations in Appendix 7 and the worksheet for food establishment inspection in Appendix 8.) Ask the patient whether s/he worked while symptomatic with diarrhea; if so, note the dates on which this occurred. Inquire about tasks performed by the case-employee during his/her infectious period

which may have differed from normal job duties. Ascertain if food prepared on one shift is carried over to the next shift or to the next day. Determine if other employees eat food prepared by the index case-employee (this applies in food plant situations as well as dining establishments). Both the case-employee and his/her supervisor need to be interviewed about these points. Ascertain whether the case-employee is working any other high risk jobs.

4. **Immune globulin and testing are typically recommended for all foodhandlers** at the establishment. (If the case-employee has an obvious source of HAV infection outside the food establishment and had no opportunity to expose fellow employees, this step may sometimes be omitted. Consultation with DPH staff is recommended in such cases.) Employees who have previously received the hepatitis A vaccine do not need to receive IG, nor do they need to be tested.

Concurrent with IG administration, obtain blood samples from all foodhandlers for HAV serology and ALT levels. Blood can be obtained either prior to or after receipt of IG. The IG should not interfere with the results of HAV anti-IgM tests. (See discussion of IG on page 13.) While being immunized, employees can be questioned individually about a past or present history of illness compatible with hepatitis A.

- a. Do not wait for the test results of these other foodhandlers before administering IG to them.
- b. Phone the laboratory to inform them of the samples you will be submitting. (See section on submission of samples to the lab, page 10.)

A sample worksheet designed to keep track of food establishment staff is contained in Appendix 9.

5. The food establishment **employees should be educated** about the disease (symptoms, mode of transmission, prevention). Provide the employees with HAV Fact Sheets (see Appendix 5 or go to <http://dhfs.wisconsin.gov/communicable/communicable/factsheets/HepatitisA.htm>).
 - a. Stress the importance of **thorough handwashing** and regular use of a fingernail brush as the most effective measure in preventing transmission of HAV, both in the workplace and at home.
 - b. Teach the employees that IG does not absolutely guarantee immunity against hepatitis A, and that if they do develop hepatitis A, they will be highly infectious for several days before they know they are ill.
 - c. Stress the importance of employees not working if they feel ill. Workers must notify the LHD if they develop signs or symptoms compatible with hepatitis A.
 - d. Strongly consider requiring the use of **disposable gloves** by employees handling cold foods for a period of 50 days from the end of the transmission risk period (i.e., from the last day the index employee worked while s/he was infectious).

Employees should be educated about the **proper use of gloves**:

- gloves should be changed if a tear is noticed;
- glove use is no substitute for good handwashing practices -- hands should be washed prior to using or replacing gloves;

- a fresh pair of gloves must be worn after each employee use of the rest room or whenever gloves have been used to touch items other than food or clean utensils used to directly prepare food.
6. Once the test results of the employees are known, interpret the results as explained on page 7. **Any employee who is anti-HAV IgM positive should be excluded from work** using the same guidelines as for the index case in point #1 of this section. An employee with elevated liver enzymes or who is known to be total anti-HAV positive should be immediately excluded from work until his/her IgM anti-HAV status is precisely known.
 7. The manager of the establishment should **monitor employees daily** for the presence of signs and symptoms of hepatitis A (anorexia, nausea, vomiting, diarrhea, abdominal pain, fever and jaundice). If specific symptoms develop, a supervisor should immediately exclude the person from work, contact the LHD and refer the person to a physician for diagnosis. This monitoring should continue through an interval extending 50 days from the end of the transmission risk period. Monitoring can be performed at the start of each shift by reminding employees of the risk of HAV transmission and the signs and symptoms of the disease. In addition, staff who call in sick should be questioned to determine if their illness is compatible with hepatitis A.
 8. A local health officer or sanitarian should visit the establishment during the transmission risk period to **confirm compliance with all recommended control measures**.

If it becomes apparent that HAV transmission from the index employee to co-workers or to patrons has occurred, re-testing of all foodhandlers may be indicated. Contact the DPH regarding the advisability and timing of subsequent sample collections if such a circumstance arises.

When addressing hepatitis A in a foodhandling establishment that is a franchise operation, it is usually beneficial to notify the franchise headquarters early in the course of the investigation.

B. Assessing the likelihood of transmission to the patrons of a food establishment:

Whenever a case of hepatitis A occurs in a foodhandler, a determination should be made whether there is a sufficient risk of HAV transmission to the public to warrant notification of the establishment's patrons. This determination is ultimately made at the local level, but should be made in consultation with DPH staff. The CDC and DPH recommend that prophylaxis of patrons of a food establishment be considered **if all** the following three conditions are met:

1. The infected foodhandler is assessed to have **less than adequate personal hygiene, OR worked while symptomatic with diarrhea**.

Hygiene may be subjectively judged by evaluating:

- personal cleanliness, especially hands and fingernails
- having patient describe handwashing practices (when? after breaks? after bowel movements? how long a scrub? how hands are dried?)
- personal recall of handwashing facilities (color of soap, hot/cold water availability, location of towel dispenser, etc.)

- availability of toilet paper, disposable towels, soap and water in rest room facilities
 - history of diarrhea while working (increases likelihood of fecal contamination)
 - manager's or co-workers' impressions of case-patient's hygiene
2. The individual has handled **high risk foods** with bare hands. High risk foods are items which are served raw or which are handled after being cooked. (HAV is inactivated by a temperature of 190°F for 4 minutes.) Examples of high risk foods include but are not limited to:
- lettuce, tomatoes, etc. on sandwiches that receive no further heating
 - salads, vegetables, and fruits at salad bars
 - sliced cooked foods, such as ham, which may be contaminated during boning or slicing procedures
 - cold cuts
 - cake icing
 - ice that is scooped by hand or with a contaminated scoop
 - garnishes for drinks (olives, lime wedge, etc.)
3. It has been **14 days or less** since these potentially contaminated foods were served. If the foodhandler is judged to have poor personal hygiene and has handled high risk foods, those persons who have eaten these foods within 14 days should receive IG. (IG is not effective after this time).

If these three criteria are met and the decision is made to "go public", notification generally occurs by **issuing a news release** to appropriate media sources. It is crucial that such a news release contain very specific information that will accurately convey to the public the nature of their risk, and a suggested course of action designed to minimize their risk and reduce the chances of further transmission of hepatitis A.

Generally, if a news release is issued in a timely fashion and advises patrons to receive IG prophylaxis, the LHD will hold a clinic to offer immunizations to these individuals. However, the statement should also urge patrons to seek treatment from their personal providers.

Notification of major medical providers in the area by the LHD is necessary to ensure that physicians have adequate information to manage patient care and respond appropriately to patient inquiries. The LHD investigators should consider the potential for exposure of groups of people from other parts of the state or from out of state and should notify DPH if such a potential exists.

For a typical situation involving a food handler who is judged likely to have transmitted HAV to patrons, the following elements should be incorporated into a news release:

- The specific dates and times when patrons may have been exposed.
- The specific food item(s) contaminated by the food handler.
- A clear statement indicating who is an appropriate candidate for IG prophylaxis.
- Information about the protective effects of IG.
- Where and when to obtain IG (e.g. private medical providers, public immunization clinics if these are to be held).
- The fact that IG is protective only if administered within 14 days of exposure.

- Mechanism of HAV transmission, incubation period, clinical signs and symptoms, the potential for asymptomatic infection.
- The importance of hygiene in preventing further HAV transmission.
- The need to contact one's physician if signs and symptoms compatible with hepatitis A are noted.

A sample news release can be found in Appendix 1.

Situations may arise in which an infected food handler is thought to have posed a significant risk to patrons, but more than 14 days have elapsed since the exposure occurred. The advisability of patron notification in such circumstances is not clear-cut, and should be discussed with DPH staff. Issues to be considered here include whether the advantages (e.g., the public's right to know, recommendations for enhanced personal hygiene, an increased index of suspicion of hepatitis A in persons with suggestive signs/symptoms) outweigh the disadvantages (e.g., damage to the establishment's business, generating public anxiety with no specific intervention measures offered).

C. Management of foodhandlers who are contacts of known cases:

See general discussion of case-contacts who work in high risk occupations on page 37.

CHILD DAY CARE

A. Response to a Confirmed Case in a Child Day Care Setting

Child day care settings (CDCS) include day care centers and home day care (licensed or unlicensed). Hepatitis A virus transmission in a CDCS can be insidious because children in this age group are often asymptomatic when infected. The virus may spread very easily when infected children are still in diapers. For these reasons, hepatitis A vaccination is strongly recommended for day care attendees. (See page 19.)

Whenever a case of hepatitis A in a child day care attendee or provider is reported, **one's first response should be to confirm the diagnosis**; i.e. ensure the "case" is positive for IgM anti-HAV. (See page 7 for interpretation of serology.) Once the case-patient is confirmed, the following actions should be taken by the LHD. *[Some of the following recommendations were adapted from the "Red Book" 2003 Report of the Committee on Infectious Disease. LK Pickering ed. American Academy of Pediatrics.]*

1. **A child day care attendee or provider with confirmed hepatitis A should be excluded from the CDCS according to these guidelines:**
 - a. for a period extending through day 10 following onset of jaundice
 - b. for a period extending through day 14 following onset of symptoms if s/he does not develop jaundice
 - c. Individuals who are asymptomatic but are IgM antibody positive should be excluded for a period extending through day 14 following the date the positive specimen was obtained. However, if ALT levels are known to be normal, that person may safely return to the CDCS. (See discussion of blood chemistry, pages 7-8.)
 - d. If all child day care staff and attendees have received IG (see item #5 below), the case-patient may return to the facility at any time. Similarly, if attendees and staff have received one or more doses of the hepatitis A vaccine at least two weeks ago, the case-patient may return to the facility.

Parental education and LHD oversight is necessary to ensure that an excluded child is not simply moved to another CDCS.

2. Determine if the index case-patient attended the child day care facility while **symptomatic with diarrhea** and if the case-patient is **toilet trained**.
3. **Visit**, or otherwise become familiar with, the CDCS to determine:
 - a. the number of attendees and staff
 - b. age of attendees
 - c. whether attendees of different age groups are cohorted and whether staff members or attendees "float" between rooms and age groups; note presence of diapered children within cohorts
 - d. the physical layout of the child day care facility, paying particular attention to hand washing and diaper changing facilities, and areas where food preparation occurs (e.g. proximity of handwashing sink and food prep areas to diaper changing tables;

- disinfection of changing tables; availability of nailbrushes, soap and disposable towels at staff handwashing sinks; etc.)
- e. how meals and snacks are prepared and served by the staff, and whether children have an opportunity to handle food which might be consumed by others both within and outside of their cohort group (this includes treats brought from home). Is food preparation performed by staff who also provide “hands-on” childcare?
4. **Educate child day care staff** regarding hepatitis A and its prevention and control. Provide them with the hepatitis A Fact Sheet.
 - a. Stress the importance of thorough **handwashing** as the most effective measure in preventing transmission of HAV, both in the CDCS and at home.
 - b. Because HAV can survive on environmental surfaces for weeks, **environmental hygiene** is also important. Soiled surfaces (e.g. diaper changing tables) and play objects should be thoroughly cleaned with soap and water, disinfected with a 1:16 solution of household bleach (1 cup bleach to 1 gallon water), and then rinsed with water. The bleach solution should be kept capped when not in use and should be made up fresh daily.
 - c. Set up a mechanism with the child day care provider for recognition and **prompt reporting** of any new suspect hepatitis A cases to the LHD.
 5. The LHD should consider **IG prophylaxis of staff/attendees** according to the following general guidelines:
 - a. When a case occurs in an enrolled child:
 - (1) **For day care facilities with all children older than 2 years and who are toilet trained:** IG is recommended for all staff in contact with the index case-patient and for children in the same room as the index case.
 Certain circumstances, related to factors mentioned in points #2 and 3 above, may warrant extending IG prophylaxis to other attendees and staff. If in doubt about the appropriateness of IG administration, consider consultation with DPH staff.
 - (2) **For facilities with children not yet toilet trained:**
 In such a facility, when one case of hepatitis A occurs in a DC attendee, or in the household contacts of two or more of the enrolled children, IG is usually recommended for all staff and children in the facility. During the six weeks after the last case is identified, new employees and children should also receive IG. Note that if strict cohorting of children and staff is the norm for a particular DCC, it may be possible to limit prophylaxis to a particular at-risk cohort.
 - (3) **If recognition of hepatitis A is delayed** by 3 or more weeks from the onset of the index case, or if the illness has occurred in 3 or more unrelated households, IG is usually recommended for all staff and children in the facility, and for household contacts of all enrolled children (or more conservatively, for household contacts of attendees who are not toilet trained). During the six weeks after the last case is identified, new employees and attendees should also receive IG.

In many circumstances, the use of hepatitis A vaccine may be a useful adjunct to IG in this scenario (see page 17 for a discussion of the vaccine), especially since the routine vaccination of children over the age of one year is now recommended. The vaccine can be administered concurrently with IG. Consult with DPH staff regarding the advisability of vaccine use.

b. When a case occurs in a **day care provider**:

Determine if the case-patient has a known source for his/her infection that is not connected with the day care setting (e.g., a history of foreign travel to a hepatitis A endemic area). Determining the source of a patient's HAV infection is discussed on page 22.

- (1) If no other source is plausible, assume that the case-employee acquired the HAV infection from an unrecognized case of hepatitis A in an attendee of the day care. In such a situation, the recommendations in the preceding paragraph regarding delayed case recognition should apply.
- (2) If it is apparent that the case-employee acquired HAV infection outside of the day care setting, IG is recommended for those attendees with whom the index case-employee has had direct or high-risk contact and for any attendees and staff who may have eaten food prepared or handled by the case-employee during his/her infectious period.

6. **Inform parents of attendees** about the situation at the facility. Educate them about the symptoms, mode of transmission, and prevention of hepatitis A; inform parents of any planned course of action such as an IG administration clinic. This is usually accomplished with a letter and the hepatitis A Fact Sheet. Ask parents to inform the LHD if other family members are ill or develop illness compatible with hepatitis A.

➡ An example of a parental notification letter can be found in Appendix 2.

B. Management of child day care attendees who are contacts of known cases:

It may be reasonable to exclude a child from a CDCS who is a close contact of a confirmed hepatitis A case, especially if that case-person is the primary caregiver and the child is still in diapers. Unfortunately, the period of exclusion would need to be quite lengthy – seven weeks after exposure to the index case. Consider testing the child for hepatitis A (both serology and ALT), especially if there is no obvious alternative source for the recognized case. Such testing will rule in or rule out the possibility that the child was actually the source for the recognized case and thus is now immune. However, if the child is IgM positive, it would mean that there has been delayed recognition of a case in the day care and the recommendations in section 5a.(3) above would likely apply.

See also the general discussion of case-contacts in high risk settings on page 37.

Response to a Confirmed Case in a School Setting

A. Elementary/Middle/High Schools

Typically, classroom exposure in these grades to an isolated case of hepatitis A does not pose a significant risk of infection to other students and teachers, and IG prophylaxis is not routinely indicated for classroom contacts. However, prophylaxis should be considered for close friends of a school-age child if they spend considerable time at each other's homes and/or share food items within or outside the school setting. Unusual circumstances could warrant classroom-wide prophylaxis if, for example, the index case-person experienced a fecal accident at school, or handled food thought to be high risk which was consumed by classmates. (See page 28 for a definition of high risk foods.)

In general, students with hepatitis A should be excluded from school through the seventh day following onset of jaundice or through the fourteenth day following onset of symptoms if s/he does not develop jaundice. If this exclusion period is burdensome for a case-patient in this setting, the LHD may consider permitting an earlier return to school provided (1) the patient does not have diarrhea, and (2) there is some assurance that the patient will practice good hygiene during the infectious period (e.g. education about proper handwashing, daily checks by the school nurse, etc.) This depends, to a large extent, on the age and maturity of the child.

B. Kindergartens

The potential for hepatitis A transmission in kindergartens falls somewhere between that of elementary schools and day care centers. An assessment of the need for IG prophylaxis for students and staff must be done on a case-by-case basis. The investigator should ascertain the case-patient's hygiene, and whether potentially risky activities occurred within the kindergarten during the time the index case would have been infectious. Examples of this might include an infected pupil handing out food items to classmates, handling food in a common container which is later shared by other children, or soiling of the premises from a fecal accident. A history of such potentially risky activities will usually warrant IG prophylaxis for non-immune classroom contacts.

C. Head Start Programs

Cases of hepatitis A in Head Start Programs should be handled as described above for child day care settings.

Response to a Confirmed Case in an Institutional Setting

A. Hospitals

1. Hepatitis A in Hospitalized **Patients**

A case of hepatitis A in a hospitalized patient does not routinely call for IG administration to hospital personnel or to roommates of the case patient. However, once the diagnosis is confirmed, prophylaxis of such contacts may be indicated under certain circumstances. For example, if the case patient could not or did not routinely wash hands after bowel movements and contaminated the environment with infective material; or if soiling of the environment occurred due to fecal accidents, diaper leakage, etc, IG prophylaxis should be considered for staff and/or other hospitalized patients who might have had contact with infective material. Therefore, information about the case patient such as fecal continence and visibly soiled hands or bed linens should be gathered by the investigator in order to make a determination regarding the need for IG prophylaxis. Such information must be correlated with knowledge of when the patient may have been infectious and the fact that IG is only effective if given within 14 days of exposure. (See page 6 for period of HAV shedding.)

Standard infection control precautions should be sufficient to prevent the transmission of HAV in a hospital setting. These precautions can be summarized as follows: [*Excerpted from Hospital Infections, 1986. JV Bennett and PS Brachman eds. Little, Brown and Co.*]

- a. A private room is indicated if the patient cannot or will not wash hands after touching infective material, contaminates the environment with infective material, or shares contaminated articles with other patients. When a private room is not available, a cubicle can be used, or an "isolation area" can be designated by the use of partitions and tape on the floor. Instruction cards can be posted to inform personnel and visitors about necessary isolation precautions such as gowns and gloves.
- b. Masks are not indicated.
- c. Gowns are indicated if soiling is likely.
- d. Gloves are indicated for touching infective material.
- e. Hands must be washed after touching the patient or potentially contaminated articles and before taking care of another patient.
- f. Articles contaminated with infective material should be discarded or bagged and labeled before being sent for decontamination and reprocessing.

Although there is a brief period of viremia during the late incubation period of HAV infection, hepatitis A has not been reported to occur after inadvertent needle sticks.

2. Hepatitis A in **Hospital Staff**

In general, the risk of HAV transmission from hospital personnel to patients or to other staff is low, and such a scenario would not routinely call for IG prophylaxis. However, this risk might be appreciable enough to warrant patient prophylaxis on a limited basis if the case employee's job responsibilities included feeding patients or assisting patients with dental/denture hygiene while s/he was infectious. Factors such as the use of gloves and the hand washing practices of the infected staff person should be considered, as well as whether the employee worked while symptomatic with diarrhea. Hospital personnel who consumed

foods prepared or handled by the case employee (e.g., at an office “pot luck”) while s/he was infectious should also be considered for prophylaxis.

Health care workers with hepatitis A should be excluded from “hands-on” patient care for an interval extending through the tenth day following onset of jaundice or the fourteenth day following onset of symptoms if s/he does not develop jaundice. If a hospital food service employee develops hepatitis A, the guidelines listed above for infected food handlers apply (see page 25).

B. Nursing Homes

Fortunately, hepatitis A is not common among the elderly due to a relatively high proportion of immune individuals. Therefore, it is important (as always) to serologically confirm a diagnosis of HAV infection in a nursing home resident (see information on possible false positive serology results on page 9). When a case does occur at such a facility, either in a resident or a staff person, the potential for transmission of hepatitis A to non-immune persons is likely to be greater than in a typical hospital setting because of the nature of certain types of care given at nursing homes (e.g. feeding, providing oral/denture hygiene, cleaning diapered residents). **The guidelines listed above for hospitals apply equally to long term care facilities.** Visitors of HAV infected residents should be notified regarding their risk of acquiring the disease.

C. Facilities Serving the Developmentally Disabled

In general, the potential for HAV transmission in facilities (residential or daily rehabilitative) serving the developmentally disabled is high, presumably due to a combination of poor hygienic practices and crowded conditions. One study reported that up to 80% of susceptible institutionalized patients may contract HAV infection within three years of admission. Furthermore, unless the case-patient becomes obviously icteric, case recognition within these facilities may be difficult because of limited verbal abilities of some of the clients/residents. For these reasons, the occurrence of hepatitis A in such facilities should provoke a quick, aggressive response. Vaccination of newly-admitted residents and staff against hepatitis A is strongly recommended.

1. When investigating a report of hepatitis A **in a client/resident** of a facility serving the developmentally disabled, the LHD should work with the facility's infection control practitioner or director of nursing to ensure collection of the following information:
 - a. Confirm the diagnosis, i.e., make certain the case-patient is definitely anti-HAV IgM positive.
 - b. Determine facts about the case-patient which impact on the potential for HAV transmission, e.g., profoundness of disability, mobility of resident, fecal continence, level of hygiene, coprophilic behavior (an abnormal interest in feces).
 - c. Determine which other individuals had contact with the case-patient during the infectious period and the nature of that contact. To do this, one must ascertain the physical layout of the facility; which rooms/units/wings the case-patient may have frequented; staffing patterns at the facility (staff limited to certain units versus floating staff); presence of persons who may have visited the case-patient (both other clients of the facility and

outside visitors); and any extramural schooling, vocational training, or supportive employment programs the case-patient attended during his/her infectious period. Followup within such extramural programs is an important part of the LHD's response to HAV infection in developmentally disabled persons.

After the above factors are determined, IG prophylaxis should be provided to persons who had potentially risky contact with the case-patient within the past 14 days. The liberal use of IG and the use of hepatitis A vaccine is strongly recommended in such a setting. If there is evidence that more than one generation of hepatitis A has occurred in the facility, consideration should be given to facility-wide use of the hepatitis A vaccine, especially if the case-patients are not limited to a single unit/floor/wing of the facility. Note that some facilities may have records of their clients' HAV immune status or hepatitis A vaccination history. If this is the case, considerable time, effort, and money can be saved by knowing which clients/residents are immune (total anti-HAV positive) and therefore do not require prophylaxis. Ambulatory clients who have confirmed or suspected cases of hepatitis A will likely need to be restricted to some degree during their infectious period in a manner that will minimize the potential for spread of HAV.

2. If a case of hepatitis A occurs **in a staff member** at a facility serving the developmentally disabled, public health interventions depend upon an assessment of the case-employee's hygiene and the type of job duties performed. Ascertain whether the case-employee's job responsibilities included high risk activities such as feeding clients of the facility or assisting clients with oral hygiene. Assess the case-employee's personal hygiene by interviewing the patient and his/her supervisor about the index employee's handwashing practices and the use of disposable gloves during activities which could potentially transmit HAV. Determine whether the employee worked while symptomatic with diarrhea.

Non-immune clients of the facility who have had potentially risky contact with the case-employee should be strongly considered for IG prophylaxis if there is any suggestion that the case-employee's hygiene was less than adequate or if s/he worked while symptomatic with diarrhea. In the event that a case-employee has no apparent source of HAV infection, consider the possibility that s/he acquired the infection from a client of the facility. In such situations, a heightened index of suspicion for hepatitis A among facility clients is advisable.

Management of Contacts of Cases

The Question of Exclusion in High Risk Settings

Whether to restrict the activities of an individual who does not currently have hepatitis, but has been recently exposed to HAV, can be a difficult decision. Consider these scenarios:

- *A confirmed case of hepatitis A in a 2 year old child has been reported to you. The child's mother works in a restaurant where she does bulk food preparation for the salad bar. Should this woman be excluded from work? If yes, for how long?*
- *A physician reports a confirmed case of hepatitis A in a young woman who has a child attending a day care center. Should the child be held out of the facility? Should the child be tested?*

Such decisions are difficult because exclusion of contacts is often financially burdensome to the individual and his/her family. In addition, there are no established guidelines for restricting the activities of contacts. Furthermore, it is impossible to determine retrospectively that an aggressive exclusion policy had been necessary and correct in a specific situation. Only if one decides not to exclude a contact, and this decision subsequently results in more cases of hepatitis A, can you know in retrospect that your policy was not aggressive enough.

Determining how long to exclude a risky contact is likewise difficult. Within the first two weeks of the index case onset, there is often the possibility that both the case-person and the contact may have had a common exposure. For approximately the next 35 to 40 days, it is possible that the contact may become part of the second generation of hepatitis A cases, having been infected by the index case-person. Thus, the period during which the contact person may develop hepatitis A extends approximately 50 days from the date of contact with the index case-patient.

With these difficulties in mind, public health personnel should **consider the following points** when deciding whether to exclude a contact of a case of hepatitis A from a high risk setting:

1. Is the contact person **susceptible or immune** to HAV infection? (See discussion of HAV serology on page 3.)
2. Did the contact **receive IG in a timely fashion?** (i.e. within 14 days of exposure)
The answer to this question may not be straightforward if contact with the index case was ongoing over a period of time. This is frequently the situation within a household.

Consider the hypothetical mother/salad bar worker mentioned above. The 2 year old had onset May 1, saw his pediatrician May 4, and hepatitis A was confirmed on May 9. The mother then received IG on May 11.

A P R I L						
S	M	T	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

M A Y						
S	M	T	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30


Although it was appropriate to give IG, it is important to realize that the child had been infectious since about April 21 (10 days prior to onset). Prophylaxis of the mother would not be efficacious if she had been exposed to HAV prior to about April 27 (14 days from date of IG administration).

Unless confirmation of the case and prophylaxis of family contacts are accomplished quickly, the timeliness (and therefore the efficacy) of IG administration to family contacts of cases is often questionable.

3. What is the **nature of this individual's contact** with the index case? How strong is the possibility of HAV transmission to the contact?
4. **Can you depend on the contact-person** to follow instructions regarding hygiene? Is the contact-person incontinent of stool or a diapered child?
5. Can the contact-person be **moved to a low risk job** at his/her workplace? (e.g., temporarily move the salad bar worker to table busing or cashier work.) If this is possible, it would be much less financially burdensome to the employee than total exclusion. It also may have the added benefit of keeping the contact-person from finding new employment at another food establishment without the LHD's knowledge. The LHD and sanitarian can try to work with the employer to keep the employee in pay status at a low risk job to avoid this.
6. How serious would be the **consequences of failure to exclude** if the contact-person were to subsequently develop hepatitis A? Consider the worst-case scenario.
7. Can a responsible party **monitor the contact during the risk period** by checking periodically on compliance with hygiene measures or the proper usage of disposable gloves in a food establishment setting?
Remember, by the time liver transaminases are elevated as a result of acute hepatitis A or the anti-HAV IgM becomes positive, the patient has already been infectious for several days. Thus, attempts to monitor the contact-person serologically are seldom useful.

After considering all of these factors, local public health personnel may temporarily exclude a contact of a case if it is their judgment that the contact is likely to develop hepatitis A and would subsequently pose a significant risk to the public health. During an outbreak of hepatitis A, more stringent measures may be applied in an effort to bring the outbreak under control.

ADDITIONAL SUGGESTIONS FOR LOCAL HEALTH DEPARTMENTS WHEN HOLDING A PUBLIC IG ADMINISTRATION CLINIC

1. Ensure that all appropriate notifications about the public clinic have been made to interested parties. These include area health care providers, city/county officials, and DPH central and regional offices.
2.  Ensure that sufficient supplies of IG, needles and syringes, alcohol swabs, consent forms, etc. are on hand for the clinic.
 - a. IG should be refrigerated, but never frozen.
 - b. The dosage of IG for hepatitis A prophylaxis is 0.02 ml/kg or approximately 0.1 ml per 10 pounds body weight. It is not crucial to obtain an exact weight of the patient (e.g., persons under 50 lbs can receive 0.5 ml, those 50-100 lbs can receive 1 ml, and those over 100 lbs get 2 ml).
 - c. IG formulated for IM administration should be administered deep in a large muscle mass, usually in the gluteal region. The recommended needle is 20-22 gauge, 1 to 1.5 inch.
 - d. The current preparation of IG for intramuscular injection does not contain a preservative, and is supplied in 2 ml vials. The package insert states that the vial should be entered only once for administration purposes. However, when immunizing small children, a strict adherence to this policy of entering a vial only once will result in considerable wastage of IG. Because it takes bacteria several hours to proliferate, if one is immunizing multiple patients during a single session, it is not necessary to discard the vial after withdrawing each aliquot. A vial of IG can be re-entered if the multiple doses are being withdrawn from the vial sequentially within a short period of time (up to two hours). The vial cap must be cleaned before each puncture, and a new needle used each time. However, if more than two hours have elapsed since a vial of IG was entered, any remaining product should be discarded.
3. Issuing a news release about a hepatitis A outbreak/exposure situation and offering a public clinic will result in a very large number of phone calls to the LHD office. Prepare for this by assigning a staff member to handle all the routine calls about clinic hours, location, etc. If possible, maintain a phone line that will not get tied up by these calls in the event that providers, staff from other LHDs, or DPH need to contact you. Give this "emergency" phone number to DPH.
4. Choose a site for the public clinic carefully. Consider factors such as accessibility, size, comfort (an extended waiting period is not uncommon), and the need for privacy at the actual IG administration stations.
5. No one enjoys waiting in line. Even more annoying is a long wait at the clinic only to be later informed that one does not need IG because one does not have the specific risk factors. Consider giving each client upon arrival: (1) a number which will be called when it is their turn, (2) a hepatitis A fact sheet, (3) the consent form for IG administration, and (4) an information sheet detailing the risk factors necessitating IG administration (e.g. identifying the specific times, dates, and food items which would put a patron at risk from an infected foodhandler). This information sheet can help reduce the inappropriate use of IG and inform the client immediately whether s/he is a candidate for prophylaxis.

6. Delineate staff duties clearly prior to holding the clinic. In addition to the personnel performing the actual immunizations, specific staff persons should be assigned to control traffic flow both at the entrance and at the immunization stations, pass out the information detailed above, call patient numbers, be the overall clinic coordinator and technical decision maker, and be the spokesperson for any media inquiries/interviews.
7. It is usually beneficial to hold a next day debriefing with clinic staff to discuss difficulties encountered during the clinic, and ways to improve the procedure in the future. A call to update DPH staff is appreciated.

ACKNOWLEDGEMENTS

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Sample Media Release- Infected Foodhandler
FOR IMMEDIATE RELEASE
{Date}

- HEPATITIS A ALERT -

Today, the {name of public health agency} announced that a case of hepatitis A occurred in a food worker employed at {restaurant name & location}.

Health officials warn that people who ate {implicated risky food item(s)} at this restaurant between the dates of {dates/times when risk of transmission occurred} may be at risk for developing hepatitis A. Persons who ate these food item(s) on these dates should receive an injection of immune globulin if their exposure occurred within the past 14 days. These individuals should contact their physician immediately and arrange to receive the immune globulin. (if you plan on holding a clinic, include this next sentence:) Alternately, persons may obtain the injection free of charge through {local public health agency name} {Provide place, date, and times for immunization clinics.} Immune globulin provides temporary protection against infection with hepatitis A virus if given within 14 days of exposure. Persons who have previously received the hepatitis A vaccine are protected and do not need to receive immune globulin.

The early signs and symptoms of hepatitis A typically appear 3-6 weeks after exposure and commonly include mild fever, loss of appetite, nausea, vomiting, diarrhea, profound fatigue, pain in the upper right side of the abdomen, dark urine, and jaundice (yellowness of eyes or skin).

The disease varies in severity, with mild cases lasting two weeks or less, and more severe cases lasting 4-6 weeks or longer. Some individuals, especially children, may not develop jaundice, and may have an illness so mild that it can go unnoticed. However, even mildly ill persons can still be highly infectious. Persons with illness suggestive of hepatitis should consult a physician even if symptoms are mild.

Hepatitis A virus is spread as a result of fecal contamination (fecal-oral route) and may be spread from person to person through close contact or through food handling. The virus is commonly spread by contaminated food or beverages. Persons are also at increased risk of acquiring hepatitis A if they have been in close and continuous contact with an infected individual, particularly in a household or day care setting.

Persons who ate {implicated risky food item(s)} at {name of restaurant} between {dates} are urged to be particularly thorough in handwashing after toileting and prior to food preparation to avoid any potential further spread of disease. They should not prepare or handle food for anyone outside of their immediate family. Handwashing should include vigorous soaping of the hands. All surfaces should be washed including the back of the hands, wrists, between fingers and under fingernails. Hands should then be thoroughly rinsed with running water.

- END -

Sample parental letter for child day care facilities

Dear Parent/Guardian –

A child at the _____ day care has been diagnosed as having hepatitis A. Hepatitis A is a liver disease caused by a virus. The disease is relatively common – an average of about 100 cases occurred in Wisconsin each year since the late 1990s.

Hepatitis A typically causes a very mild illness in pre-school aged children. In fact, many young children will have no detectable symptoms at all. However, hepatitis A is highly infectious, even if the person who has it is not particularly sick. Infected children can readily transmit the virus to parents and older siblings, where it can cause a more serious illness characterized by fever, profound fatigue, nausea, dark urine, and jaundice (yellowing of the skin and whites of the eyes). In adults, the disease can last for weeks or even months.

The hepatitis A virus is spread when the virus enters the mouth, multiplies in the body, and is passed in the stool, which is highly infectious. If careful handwashing is not done, the virus can contaminate the infected person's hands and can be spread to others by direct contact or by contaminating food that the infected person touches.

The _____ Health Department and the Wisconsin Division of Public Health recommend that all attendees and staff at your child's daycare receive immune globulin. This is an injection that will prevent hepatitis A in the vast majority of people who receive it. A clinic will be held at the _____ day care on _____ at _____. Nurses will be there to provide immune globulin injections to the children at no cost. Please accompany your child to the day care that day for the clinic. If you are unable to attend, please complete the attached permission slip and consent form, allowing another designated adult to accompany your child to the clinic.

If your child has received the hepatitis A vaccine, they are not at risk of hepatitis A and do not need to receive immune globulin. Parents of these vaccinated children are asked to provide proof of hepatitis A vaccination (e.g., an immunization record) to the nurses who are administering the clinic.

Please take a few minutes to read the accompanying consent form and the hepatitis A fact sheet. A signed consent form must be submitted in order to immunize your child.

If you have any questions, please contact the _____ Health Department at _____.

This template may need to be altered to reflect any decision to immunize household contacts of attendees, or to indicate that only specific rooms of children need to get IG. May also need to add info re. vaccine if it is being recommended, which will provide long-term immunity.

VIRAL HEPATITIS CASE RECORD
FOR REPORTING OF PATIENTS WITH SYMPTOMATIC ACUTE VIRAL HEPATITIS
(SEE CASE DEFINITION ON REVERSE)

DEPARTMENT OF HEALTH AND HUMAN SERVICES
PUBLIC HEALTH SERVICE
Centers for Disease Control and Prevention
Hepatitis Branch, (C37)
Atlanta, Georgia 30333

STATE GEOGRAPHIC CODE				
(1)	(2)	(3)	(4)	(5)
STATE CASE NO.				
(6)	(7)	(8)	(9)	(10)

CDC CASE NO.			
(B)	(9)	(10)	(11)

PATIENT'S LAST NAME (please print clearly) (12-26) FIRST AND MIDDLE NAME (or initials) OCCUPATION

STREET ADDRESS TOWN OR CITY STATE (Zip Code) COUNTY (27-36) COUNTY FIPS CODE (37-40)

AGE (yrs) (41-42) 00 = < 1yr 99 = Unk	DATE OF BIRTH (43-48) Mo / Day / Yr	SEX (49) 1 <input type="checkbox"/> Male 2 <input type="checkbox"/> Female 9 <input type="checkbox"/> Unk	RACE (50)				
			1 <input type="checkbox"/> American Indian or Alaskan Native	2 <input type="checkbox"/> Asian or Pacific Islander	3 <input type="checkbox"/> Black	5 <input type="checkbox"/> White	9 <input type="checkbox"/> Unk
			ETHNICITY (51)				
			1 <input type="checkbox"/> Hispanic	2 <input type="checkbox"/> Non-Hispanic	9 <input type="checkbox"/> Unk		

Reporting physician's diagnosis (52-53) 1 ☐ Hepatitis A 2 ☐ Hepatitis B 3 ☐ Non-A, Non-B 4 ☐ Hepatitis D 5 ☐ Hepatitis
DO NOT REPORT CASES OF CHRONIC HEPATITIS OR CHRONIC CARRIERS!! Hepatitis (Delta) Unspecified

CLINICAL DATA			LABORATORY RESULTS		
Date of first symptom (54-59)	Mo / Day / Yr		IgM Hepatitis A antibody (IgM anti-HAV) (59)	Pos	Neg
Date of diagnosis (60-65)	Mo / Day / Yr		Hepatitis B surface antigen (HBsAg) (70)	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Was the patient jaundiced? (66)	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No		IgM Hepatitis B core antibody (IgM anti-HBc) (71)	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Was the patient hospitalized for hepatitis? (67)	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No		Antibody to Delta (anti-HDV) (72)	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Did the patient die from hepatitis? (68)	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No				

For purposes of National Surveillance, ASK ALL OF THE FOLLOWING QUESTIONS FOR EVERY CASE OF HEPATITIS. These questions may help determine where the patient acquired his/her infection. Please refer to the work sheet on the back of the last page for additional questions.

During the 2-6 weeks prior to illness

- | | | | | |
|---|------|----------------------------|----------------------------|----------------------------|
| 1. was the patient a child or employee in a nursery, day care center, or preschool? | (73) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| 2. was the patient a household contact of a child or employee in a nursery, day care center, or preschool? | (74) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| 3. was the patient a contact of a confirmed or suspected hepatitis A case? | (75) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| If yes, type of contact: (76) 1 <input type="checkbox"/> Sexual 2 <input type="checkbox"/> Household (non-sexual) 3 <input type="checkbox"/> Other | | | | |
| 4. was the patient employed as a food handler? | (77) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| 5. did the patient eat raw shellfish? | (78) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| 6. was the patient suspected as being part of a common-source foodborne or waterborne outbreak? | (79) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| 7. did the patient travel outside of the U.S. or Canada? | (80) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| If yes, where: (81) 1 <input type="checkbox"/> So./Central America (including Mexico) 2 <input type="checkbox"/> Africa 3 <input type="checkbox"/> Caribbean 4 <input type="checkbox"/> Middle East | | | | |
| 5 <input type="checkbox"/> Asia/So. Pacific 6 <input type="checkbox"/> Australia/New Zealand 7 <input type="checkbox"/> Other | | | | |
| Duration of stay: (82) 1 <input type="checkbox"/> 1-3 Days 2 <input type="checkbox"/> 4-7 Days 3 <input type="checkbox"/> More than 7 Days | | | | |

During the 6 weeks-6 months prior to illness

- | | | | | |
|--|---|---------------------------------------|-------------------------------------|---|
| 8. was the patient a contact of a confirmed or suspected acute or chronic hepatitis D or non-A, non-B case? | (83) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| If yes, type of contact: (84) 1 <input type="checkbox"/> Sexual 2 <input type="checkbox"/> Household (non-sexual) 3 <input type="checkbox"/> Other | | | | |
| 9. was the patient employed in a medical, dental or other field involving contact with human blood? | (85) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| If yes, degree of blood contact: (86) 1 <input type="checkbox"/> Frequent (several times weekly) 2 <input type="checkbox"/> Infrequent | | | | |
| 10. did the patient receive blood or blood products (transfusion)? | (87) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| If yes, specify date(s) received: (88-93) From ___/___/___ to ___/___/___ (94-99) | | | | |
| 11. was the patient associated with a dialysis or kidney transplant unit? | (100) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| If yes, (101) 1 <input type="checkbox"/> Patient 2 <input type="checkbox"/> Employee 3 <input type="checkbox"/> Contact of patient or employee | | | | |
| 12. did the patient use needles for injection of street drugs? | (102) | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 9 <input type="checkbox"/> |
| 13. what was the patient's sexual preference? (103) | 1 <input type="checkbox"/> Heterosexual | 2 <input type="checkbox"/> Homosexual | 3 <input type="checkbox"/> Bisexual | 9 <input type="checkbox"/> Unk |
| 14. how many different sexual partners did the patient have? (104) | 1 <input type="checkbox"/> None | 2 <input type="checkbox"/> One | 3 <input type="checkbox"/> 2-5 | 4 <input type="checkbox"/> More than 5 |
| 15. did the patient have | | | | |
| dental work or oral surgery? (105) | 1 <input type="checkbox"/> Yes | 2 <input type="checkbox"/> No | 9 <input type="checkbox"/> Unk | tattooing? (108) 1 <input type="checkbox"/> |
| other surgery? (106) | 1 <input type="checkbox"/> Yes | 2 <input type="checkbox"/> No | 9 <input type="checkbox"/> Unk | an accidental stick or puncture with a needle |
| acupuncture? (107) | 1 <input type="checkbox"/> Yes | 2 <input type="checkbox"/> No | 9 <input type="checkbox"/> Unk | or other object contaminated with blood? (109) 1 <input type="checkbox"/> |
| Has this patient ever received the three dose series of Hepatitis B vaccine? (110) 1 <input type="checkbox"/> | | | | |
| If yes, what year? (111-112) ___ AND was the patient tested for antibody within 1-6 months after the last dose? (113) 1 <input type="checkbox"/> | | | | |
| If yes, was the antibody test: (114) 1 <input type="checkbox"/> Pos 2 <input type="checkbox"/> Neg 3 <input type="checkbox"/> Unknown | | | | |

Comments:

Investigator's Name

Date

Important Information About Immune Globulin and Consent to Administer for Protection Against Hepatitis A

Immune Globulin and Hepatitis A

Immune globulin (IG) is recommended for the prevention of hepatitis A. Hepatitis A is an infection of the liver caused by the Hepatitis A virus. It is spread from person to person through close personal contact, or by food or water contaminated by someone with the disease who fails to wash his/her hands properly after using the toilet.

Hepatitis A varies from a mild illness lasting one to two weeks, to a disabling disease that lasts several months, and can (rarely) even be fatal. Onset is usually abrupt with fever, fatigue, lack of appetite, nausea and abdominal discomfort followed by jaundice. Some infections in young children are without symptoms; some cases may be mild and without jaundice. Definite diagnosis of the disease is done with a blood test that detects antibodies to the hepatitis A virus. Almost all persons develop lifelong immunity after an episode of hepatitis A infection.

Exposure to a confirmed case of Hepatitis A

is defined as: 1) household contact; 2) slept in the same bed with the case; 3) ate food prepared or handled by the case; 4) sustained close contact with a case; or 5) sexual contact with a case.

What is IG?

IG is a sterile solution of antibodies (immunoglobulins) made from human plasma. It is injected into the muscle and can usually prevent hepatitis A from developing. There is no evidence that hepatitis B virus, HIV (the causative agent of AIDS), or other viruses have ever been transmitted by IG for intramuscular injection that is commercially available in the United States. The value of IG in preventing hepatitis A is greatest (80 – 90%) when given either before exposure or within the two weeks after an exposure. IG given longer than 14 days after exposure is unlikely to prevent the disease. The United States Public Health Service recommends a dosage of 0.01 ml/ lb of body weight for contacts of a confirmed case of Hepatitis A.

(PLEASE ALSO READ OTHER SIDE)

Recipiant: Detach and Keep upper portion for reference

I have read or have had explained to me the information on this form about Hepatitis A and IG. I have had a chance to ask questions which were answered to my satisfaction. I believe I understand the benefits and risks of IG and ask that I, or the person named below for whom I am authorized to sign, receive it in the recommended amount.

Name of person receiving IG

Birthdate: ____/____/____
Mo / Day/ Year Age ____

Street address

City, State

Zip

Signature of person to receive IG or authorized to sign

____/____/____
Mo / Day / Year

Precautions and Contraindications

IG should not be given to anyone who has any blood clotting disorder that contraindicates intramuscular injections, nor should it be given to persons who have a type of immune system disorder called IgA deficiency.

Persons who receive IG should not receive the measles-mumps-rubella (MMR) vaccine for at least three months after IG administration and should not receive varicella (chickenpox) vaccine for at least five months.

If the person being given IG has received an MMR vaccine in the 14 days before the IG, or the varicella vaccine in the 21 days before the IG, that person should be revaccinated, but not sooner than three months after the date of IG administration for MMR or five months for varicella.

IG does not interfere with the immune response to either polio vaccine or yellow fever vaccine. Receipt of IG should not interfere with the diagnosis of acute hepatitis A.

If needed, IG is not contraindicated for pregnant women. There is no reported risk of harm to the fetus from IG, whereas infection with the hepatitis A virus is associated with increased risk of abortion, premature birth, and severity of disease in a woman in the third trimester of pregnancy.

IG does not contain mercury preservatives.

If you have questions about IG and your possible need for it because of exposure to a case of hepatitis A, please contact your physician, your local health department, or the Wisconsin Division of Public Health.

Recipient: Detach and keep upper portion for reference

Name of person administering IG

_____/_____/_____
Date administered: mo / day / yr

Clinic site

Injection site

IG manufacturer

Lot number

**Información sobre y Consentimiento para Administración del Inmuno Globulina
como Protección Contra La Hepatitis A
(INFORMATION / CONSENT TO ADMINISTER IG FOR PROTECTION AGAINST HEPATITIS A)**

Hepatitis A y la Inmuno-Globulina (IG)

La Inmuno globulina es recomendada para prevenir la hepatitis A. Hepatitis A es una infección del hígado causada por el virus de la Hepatitis A. Se transmite de persona a persona por el contacto personal cercano o por comida o agua contaminada previamente por alguien que está enfermo y olvida lavar sus manos después de haber usado el sanitario.

La Hepatitis A varía de una enfermedad ligera que dura de una a dos semanas, hasta una enfermedad que deshabilita a la persona y dura por varios meses y puede (rara vez) ser fatal. Usualmente comienza con síntomas repentinos de fiebre, falta de apetito, náuseas y malestar abdominal seguido por ictericia (piel y mucosas amarillentas). Algunas veces la infección en niños pequeños es sin síntomas, en algunos casos puede haber poca o ninguna ictericia. El diagnóstico final de la enfermedad se hace por un análisis de sangre que detecta anticuerpos para el virus de la Hepatitis A. Casi todas las personas desarrollan anticuerpos de por vida contra la enfermedad después de haber tenido un episodio de Hepatitis A.

Exposición a casos confirmados de hepatitis A es definida por: 1) contacto familiar; 2) dormir en la misma cama con alguien con el virus; 3) comer comida preparada o manipulada por alguien con el virus; 4) contacto cercano y sostenido con alguien con el virus, 5) contacto sexual con alguien que tenga el virus.

Que es IG

IG es una solución estéril de anticuerpos (inmunoglobulina) hechos de plasma humano, esta es inyectada en el músculo y usualmente previene el desarrollo de la hepatitis A. No existe evidencia de que el virus de la Hepatitis B, el virus causante del Sida y otros virus hayan sido alguna vez transmitidos por una inyección intramuscular de IG que esta disponible comercialmente en Estados Unidos. El valor de la IG en la prevención de la Hepatitis A es superior al (80-90%) cuando es aplicada ya sea antes de la exposición o dentro de las dos semanas después de la exposición. IG aplicada después de 14 días de la exposición no previene la infección. El departamento de Salud Pública de los Estados Unidos recomienda una dosis de 0.01 ml/ lb de peso corporal para los contactos con casos confirmados de Hepatitis A.

Por favor: Separe el consentimiento debajo y guarde la parte de arriba para su información

He leído y se me ha explicado la información en este folleto a cerca de la hepatitis A y de la IG. He tenido la oportunidad de hacer preguntas que fueron respondidas para mi satisfacción. Yo creo y entiendo los beneficios y riesgos de la IG y pido que yo o la persona mencionada debajo para la cual estoy autorizada a firmar reciba la IG en la cantidad recomendada.

Nombre de la persona vacunada

Fecha de nacimiento (mes/día/año)

Edad

Dirección

Ciudad, Estado

Código Postal

Firma-Persona quien recibe la vacuna IG o autorizada a firmar

Fecha (mes/día/año)

Precauciones y Contraindicaciones

IG no debe aplicarse a nadie que tenga algún problema de coagulación de la sangre en el que este contraindicado la inyección intramuscular, además no debe aplicarse a personas que tengan desordenes del sistema inmune llamadas deficiencias de IgA.

Personas que reciben la vacuna de la inmunoglobulina IG, no deben recibir la vacuna (MMR) rubéola-papera-sarampión, hasta tres meses después de haber sido vacunados con la IG y no deben recibir la vacuna de la varicela hasta 5 meses después de haber sido vacunados con la IG. Si la persona que esta siendo vacunada con la IG ha recibido la vacuna (MMR) 14 días antes de la IG o ha sido vacunada contra la varicela 21 días antes de recibir la IG, esa persona debe de volver a vacunarse, pero no antes de los tres meses después de la fecha de haber recibido la IG para repetir la vacuna de la MMR y cinco meses después para repetir la vacuna de la varicela.

IG no interfiere con la respuesta inmune ya sea de la vacuna de la Polio o la vacuna de la Fiebre Amarilla. Recibir la IG no debe interferir con el diagnostico de Hepatitis A aguda.

Si es necesario, IG no esta contraindicada en mujeres embarazadas. No se reporta riesgo de daño al feto por parte de la IG, mientras que la infección con el virus de la Hepatitis A es asociado con el riesgo aumentado de abortos, partos prematuros y agravamiento de las enfermedades en la mujer durante el tercer trimestre del embarazo.

IG no contiene preservantes derivados del Mercurio.

Si usted tiene preguntas a cerca de la IG y su posible necesidad de ella debido a exposición a un caso de Hepatitis A, por favor contacte a su médico, el departamento de salud de su localidad o a la *Division of Public Health, State of Wisconsin*.

Por favor: Separe el consentimiento debajo y guarde la parte de arriba para su información

To be completed by medical staff only

Name of Person Administering IG

Date Administered (mm/dd/yyyy)

Clinic Name and Address

City, State

Zip

Injection site

IG Manufacturer

Lot Number

Hepatitis A (infectious hepatitis)

Disease Fact Sheet Series

What is hepatitis A?

Hepatitis A (formerly known as infectious hepatitis) is a liver disease caused by the hepatitis A virus. The disease is fairly common; approximately one hundred cases are reported each year in Wisconsin. Vaccines have been available since 1995 which provide long-term protection against hepatitis A.

Who gets hepatitis A?

Anyone can get hepatitis A, but it occurs most frequently in children.

How is the virus spread?

The hepatitis A virus enters through the mouth, multiplies in the body, and is passed in the stool which becomes highly infectious. If careful hand washing with soap is not done, the virus can then be carried on an infected person's hands. From there, the virus can be spread to others by direct contact, or by consuming food or drink that has been handled by that infected individual. In some cases, it can be spread by consuming water contaminated with improperly treated sewage. Because the virus is passed in the stool, children with hepatitis A who are not toilet trained can be an important source of the infection. The hepatitis A virus is not normally spread to casual classroom contacts of older children or to work associates of adults.

What are the symptoms of hepatitis A?

The symptoms of hepatitis A may include profound fatigue, poor appetite, fever and vomiting. Urine may become darker in color, and jaundice (a yellowing of the skin and whites of the eyes) may appear. The disease is rarely fatal and most people recover without any complications after several weeks. Infants and young children tend to have very mild or no symptoms, and are much less likely to develop jaundice than are older children and adults. Persons who have pre-existing liver problems can become extremely ill if they contract hepatitis A.

How soon do symptoms appear?

The symptoms may appear two to seven weeks after exposure, but usually occur about four weeks after exposure.

For how long is an infected person able to spread the virus?

The contagious period begins about two weeks before the symptoms appear, and continues for about one week after onset of jaundice.

Does past infection with hepatitis A make a person immune?

Once an individual recovers from hepatitis A, he or she is immune for life and does not continue to carry the virus.

(Over)

What is the treatment for hepatitis A?

There are no special medicines or antibiotics that can be used to cure hepatitis A once the symptoms appear. Generally, bed rest is all that is needed.

How can hepatitis A be prevented?

The single most effective way to avoid contracting the disease is to receive the hepatitis A vaccine. This vaccine is now recommended for all children over one year old.

In addition to being recommended as a routine childhood vaccination (and especially for children in day care facilities), the hepatitis A vaccine should be given to anyone who has a higher risk of exposure to the hepatitis A virus. These persons include:

- Travelers to countries where hepatitis A is prevalent. This generally includes all foreign countries except Canada, Western European nations, Japan, Australia, and New Zealand. The risk for hepatitis A exists even for travelers to urban areas, those who stay in luxury hotels, and those who report that they have good hygiene and that they are careful about what they drink and eat. (See the CDC website for detailed travelers' health information at www.cdc.gov/travel). Because the vaccine takes several weeks to produce solid immunity, travelers should be vaccinated at least one month prior to departure.
- Persons with chronic liver disease
- Persons who have blood clotting-factor disorders
- Sexually active men who have sex with men
- Persons who work or reside in institutions for the developmentally challenged
- Users of illegal drugs
- Persons living in communities which have high levels of hepatitis A and which are subject to periodic community-wide epidemics of the disease.

Vaccination consists of two injections, given six to twelve months apart. The initial dose will provide immunity to hepatitis A beginning in about four weeks. The second dose provides long term immunity which lasts for years and perhaps is even life-long.

For persons who are not vaccinated, the key to preventing the spread of the hepatitis A virus is careful hand washing after using the toilet, after diapering children, and prior to handling food. The routine use of good hygiene is important because a person with hepatitis A can be infectious to others for about two weeks before they even know they are sick. In addition, infected people should not handle foods during the contagious period.

For persons who have already been exposed to hepatitis A, an injection of immune globulin will minimize the chances of becoming ill, if it is administered within 14 days of exposure. Household members, day care contacts, or others in close contact with an infected person should promptly call a doctor or their local health department about the advisability of obtaining a shot of immune globulin. In typical workplace and classroom situations, contacts do not need to receive immune globulin.

WISCONSIN DIVISION OF HEALTH - HEPATITIS A QUESTIONNAIRE

For confirmed and suspected cases of hepatitis A

(NOTE – This worksheet is for information gathering purposes and does not need to be submitted to the DPH.)

Patient Name _____ Phone (home) _____

Address _____ (work) _____

Age _____ D.O.B. ____/____/____ Sex: M F Ethnicity: Hispanic Non-Hispanic

Race: (circle one) White, Black, American Indian, Asian, Other

Occupation (specify if multiple jobs) _____

Last day worked (or attended school / day care) ____/____/____

Note: If patient is a foodhandler, child care provider, health care worker, or works with the developmentally disabled, fill out the high risk occupation questionnaire in addition to this one.

Name of Employer/School (specify grade)/ Day Care _____

Address of Employer/School/Day Care Facility _____

Physician (name and location) _____

**** PART ONE - ILLNESS HISTORY AND LABORATORY RESULTS ****

For each sign or symptom listed, circle yes or no:

Fever Y N

Nausea Y N

Diarrhea Y N

Fatigue Y N

Dark Urine Y N

Jaundice Y N

Date of onset of first symptom(s) ____/____/____ Date of onset of jaundice ____/____/____

Date when blood drawn for hepatitis testing ____/____/____

HAV serology results (circle one) 1. Total HAV positive, IgM positive

2. Total HAV antibody negative

3. Total HAV positive, IgM negative

4. Pending

5. Not done / unknown

Liver enzyme values: SGPT (ALT) _____

SGOT (AST) _____

Other tests _____

****** PART TWO – EXPOSURE HISTORY ******

Use a calendar to establish the dates 50 days and 15 days prior to onset of first symptoms.
This is the time period during which the patient became infected.

Date 50 days prior to onset ____/____/____ Date 15 days prior to onset ____/____/____

Use this time interval above to answer the following 10 questions.
(It may be helpful for the patient to consult his/her personal or business calendar to assist recall.)

1. Restaurants and bars at which patient ate/drank* (Attach additional sheet if necessary.)

<u>Name</u>	<u>City</u>	<u>Date(s)</u>	<u>Food Items or Drinks Consumed</u>
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____
_____	_____	____/____/____	_____

2. During this period, list name and location of grocery stores/bakeries from which patient purchased food.*

3. During this period, list group meals at which patient ate (e.g. pot lucks, dinner parties, meals on wheels).

	<u>Dates</u>
_____	____/____/____
_____	____/____/____
_____	____/____/____

4. During this period, did patient consume raw shellfish? Y N

If yes, where? _____

5.a) During this period, did patient travel outside of U.S.A.? Y N If yes, specify place and dates.

If yes, did patient receive IG or hepatitis A vaccine prior to travel? Y N Date received ____/____/____

* If patient cannot recall specific meals, or restaurant/grocery store visits, ask which establishments they would have been likely to frequent.

5.b) During this period, did patient travel outside of Wisconsin? Y N If yes, specify place and dates.

6. During this period, did patient have contact with other confirmed/suspected cases of hepatitis A? Y N
If yes, list names, date(s) of contact, and nature of contact (e.g. family member, dinner party, social gathering, sexual partner, etc.)

<u>Name</u>	<u>Date(s)</u>	<u>Nature of Contact</u>
_____	____/____/____	_____
_____	____/____/____	_____

7. During this period, was the patient an attendee or employee of a day care center or preschool? Y N
If yes, name and location of the day care/preschool(s)

Date last attended/worked at this facility ____/____/____

8. During this period, did the patient have contact with young children (< 6 years of age)? Y N

a) If yes, list name and address of child(ren) below.

b) Also note if these children attend day care? If so, where?

9. What is the source of patient's drinking water? Private well Municipal water supply

10. During this period, did the patient receive blood or blood products? Y N

11. During this period, did the patient use illegal drugs? Y N If yes, describe and specify injecting or non-injecting drug use. _____

12. For males only:

During this period, have you had sexual contact with another man? Y N

****** PART THREE - TRANSMISSION INFORMATION ******

Use a calendar to establish the dates 14 days prior to symptom onset and 10 days after symptom onset. This is the time period during which the patient may have been infectious to others.

Date 14 days prior to onset ____/____/____ Date 10 days after onset ____/____/____

1. During this infectious period, did patient prepare or handle food which was consumed at any gatherings by people outside of patient's household (e.g. school parties, potlucks, bringing food to worksite, dinner parties etc.)? Y N

If yes, please list.

<u>Occasion & Location</u>	<u>Food(s) handled</u>	<u>Date</u>
_____	_____	____/____/____
_____	_____	____/____/____
_____	_____	____/____/____

2. List below all of the patient's household contacts and other close or intimate contacts during the above infectious period. Indicate whether they attend or work in any of the settings listed (yes/no). In the last column, provide the date which that contact received immune globulin. (If no IG given, write "no" in the IG date column. If known to be immune, write "immune" in the IG date column.)

<u>Name</u>	<u>Age</u>	<u>Food Service</u>	<u>Day Care or Pre-school</u>	<u>Health Care</u>	<u>IG Date</u>
_____	_____	_____	_____	_____	____/____/____
_____	_____	_____	_____	_____	____/____/____
_____	_____	_____	_____	_____	____/____/____
_____	_____	_____	_____	_____	____/____/____
_____	_____	_____	_____	_____	____/____/____
_____	_____	_____	_____	_____	____/____/____
_____	_____	_____	_____	_____	____/____/____
_____	_____	_____	_____	_____	____/____/____

For these close contacts above who attend or work in the high risk environments listed above, list the name and location of their work place/day care/preschool.

<u>Name</u>	<u>Location</u>
_____	_____
_____	_____
_____	_____
_____	_____

Name / agency of interviewer _____

Date of interview ____/____/____

Date of onset of jaundice / /

The date 10 days after the onset of jaundice (or symptoms) was ____/____/____

Indicate exact work schedule (dates and hours worked) during the infectious period.

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Please indicate the last day worked. ____/____/____

Did the patient have diarrhea on any of the days worked during the infectious period? Y N

If yes, please specify the date(s) worked with diarrhea. _____

Ask patient to describe his/her handwashing technique in detail. _____

Does patient wash hands with soap after having bowel movements? (please circle one)

Never Sometimes Usually Always

Does patient wash hands with soap before beginning work? Never Sometimes Usually Always

Ask patient to describe handwashing and toilet facilities he/she uses at work (i.e. location of sinks, availability of soap, type of soap [liquid vs. bar], method of drying hands [paper towels vs. cloth towel vs. hot air drier], availability of toilet paper, availability of towels)

Questions for food handlers only

Ask patient to describe in general his/her food handling activities, then mark any of the following job duties that the patient performed during his/her infectious period:

____ prepared salads or did bulk prep for salads ____ prepared cold sandwiches

____ prepared or handled other uncooked foods (cold cuts, fruits and vegetables, cake/pastry icing, etc.)

____ handled garnishes for food and drinks (e.g. lime wedge, parsley, olives, etc.)

____ handled any other food that was not subsequently cooked before being served - specify below

____ handled ice without utensils (i.e. with bare hands)

If the patient handled any of the above items, did s/he wear gloves? (please circle one)

Always Usually Occasionally Never

Did co-workers eat food handled by the patient? Y N

Specify any other food-related duties, including deviations from routine job duties, during infectious period:

Questions for childcare workers - Only

How many children attend the day care center (DCC) where the patient works? _____

How many staff work at the same DCC where the patient works? _____

What is the age range of children who attend the DCC? _____ to _____

Are children at the DCC separated and cared for by age group? Y N

If yes, into what age groups are they separated? _____

What is the age range of the children for whom the patient provided care during the infectious period?
_____ to _____

During the infectious period did the patient prepare/hand out food for the children or co-workers? Y N
If yes, specify the food and date(s)

Questions for health care workers - Only

Please mark any of the following work activities the case-patient performed **while not wearing gloves** during the infectious period:

_____ fed patients _____ performed oral hygiene for patients _____ passed medications

_____ handled food or ice that was consumed by patients or co-workers.

If yes, please specify food/drink and the date consumed.

Does case-patient wash hands before caring for each patient? (please circle one)
Never Sometimes Usually Always

Name of interviewer _____

Date of interview ____/____/____

WORKSHEET FOR INSPECTION OF A FOOD ESTABLISHMENT AT WHICH A CASE OF HEPATITIS A HAS BEEN IDENTIFIED

(NOTE – This worksheet is for information gathering purposes and does not need to be submitted to the DPH.)

Name and address of establishment _____

Manager/primary contact at this establishment Name _____
Phone _____

Date of onset of symptoms of case-employee ____/____/____

Does the case-employee work a second job? If yes, specify _____

- 1) Attach complete employee roster to this worksheet. (Include employees who quit/were fired during past 45 days.)
- 2) Attach the case-employee's exact work schedule for the 14 days prior to and for the 10 days after the case's onset date. (Include any deviations from the routine schedule.)
- 3) Were any other employees ill for more than one day during the past 45 days? Y N
If yes, note this on the attached roster list, including the dates when ill.
- 4) How many patrons does this establishment serve during a typical week? _____
- 5) Was food that the case-employee handled ever carried over into the next shift or next day? Y N

ASSESSMENT OF CASE-EMPLOYEE HYGIENE

Interview supervisor and/or co-workers about case-employee's hygiene, and ascertain:

- a) Was this employee trained in proper handwashing techniques? Y N
(Ask manager to describe how they train employees in handwashing.)
- b) Was employee ever reprimanded for inadequate personal hygiene? Y N
- c) Did employee use disposable gloves when handling cold foods? ____ Always
____ Usually
____ Occasionally
____ Never
- d) If gloves were worn, were they used in a sanitary manner? ____ Always
(Base assessment on your observations and manager's description.) ____ Usually
____ Occasionally
____ Never
- e) Did employee wash hands regularly, or only when reminded to do so? _____
- f) Did employee use the handwashing facilities in the food preparation area prior to handling food? ____ Always
____ Usually
____ Occasionally
____ Never

- g) What is supervisor's overall impression of employee's hygiene? ☐ Good
☐ Adequate
☐ Possibly inadequate
☐ Clearly inadequate

ASSESSMENT OF EMPLOYEE HANDWASHING AND TOILET FACILITIES

From direct inspection of the facility and interviews with staff, please ascertain:

- a) Accessibility of handwashing facilities for foodhandlers ☐ Adequate ☐ Inadequate
- b) Availability of soap ☐ Always present
☐ Usually present
☐ Occasionally present
☐ Never or nearly never present
- c) Availability of toilet tissue ☐ Always present
☐ Usually present
☐ Occasionally present
☐ Never or nearly never present
- d) Hand-drying provisions ☐ Single use disposable ↔ Always available? Y N
☐ Single use cloth roll ↔ Clean roll always present? Y N
☐ Multiple use cloth towel
☐ Hot air dryer
☐ None
- e) Faucet type in handwashing sink ☐ Mixing valve or combination faucet
☐ Self-closing (metering) faucet
☐ Other (describe)

- If self-closing faucet used, is it functioning properly (i.e. minimum 15 second flow)? Y N

Inspector's overall impression of handwashing and toilet facilities ☐ Good
☐ Adequate
☐ Possibly inadequate
☐ Clearly inadequate

Please note below any other factors which might have had an impact on case-employee's hygiene:

Name of Inspector _____

Date of Inspection ____/____/____

SAMPLE WORK SHEET FOR TRACKING FOOD ESTABLISHMENT STAFF

Name of establishment _____ Address _____ Contact person _____

Phone _____ Number of meals served daily B _____ Days & Hours of operation _____

L _____

D _____

Number of employees _____

Enter available information for all employees who worked at this establishment during the past two months.

<u>Name</u>	<u>Date IG</u> <u>Received</u>	<u>Serology</u> <u>Total</u> <u>IgM</u>	<u>Liver</u> <u>Enzymes</u>	<u>Employee</u> <u>position</u>	<u>Symptomatic?</u>	<u>Hepatitis A</u> <u>vaccine? (date)</u>
-------------	-----------------------------------	--	--------------------------------	------------------------------------	---------------------	--

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

(Make additional copies of this page as needed to list all employees.)